

# Friends of Murambinda Hospital



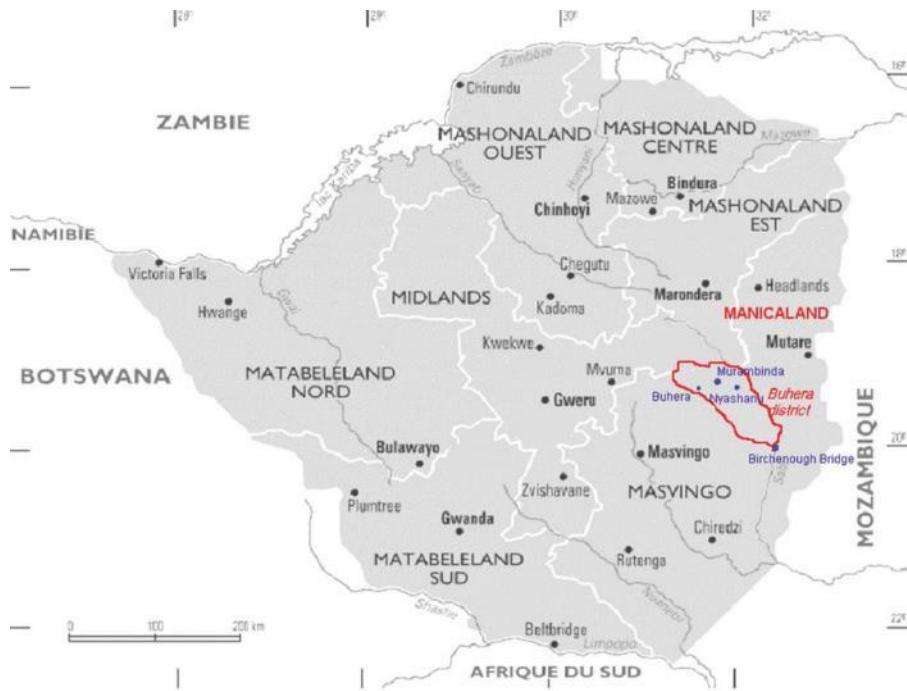
UK Registered Charity 1073978



## ANNUAL REPORT 2014-15

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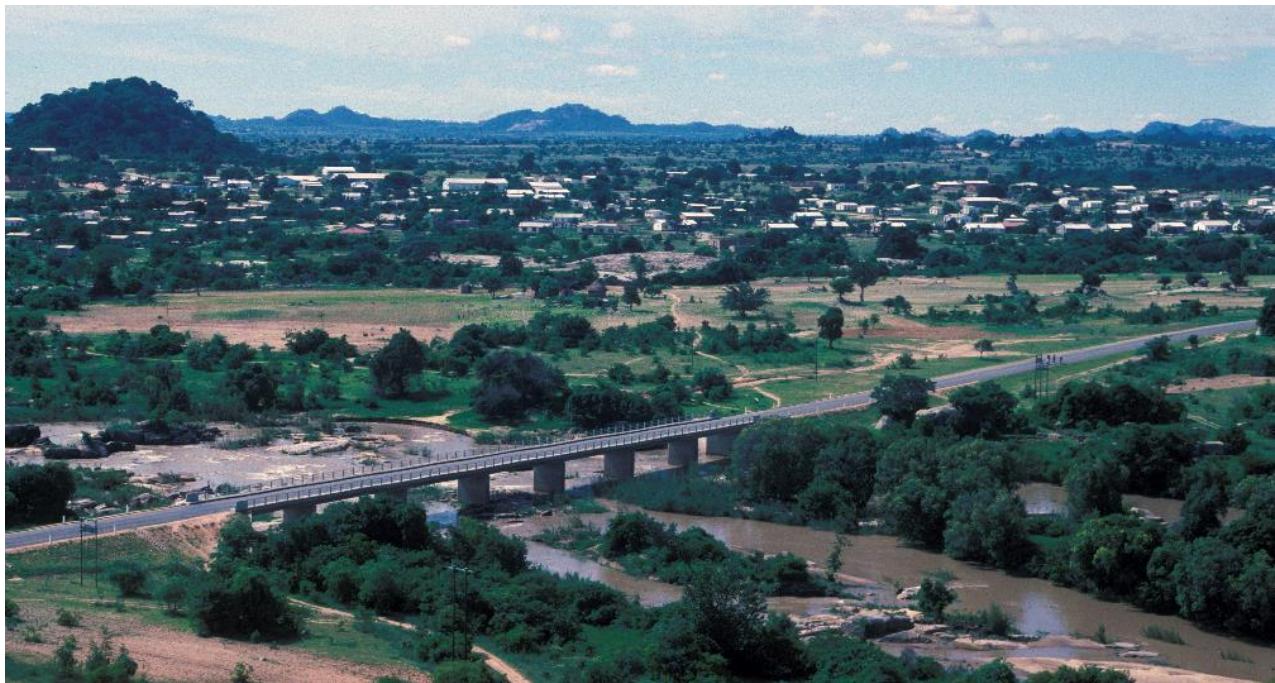
## The Hospital

Murambinda Mission Hospital (MMH) is the Designated District Hospital for Buhera District in Manicaland Province, Zimbabwe. The Hospital was founded in 1968 by the Sisters of the Little Company of Mary, under the Catholic Church's Archdiocese of Harare. The Hospital carries out its mission to care for the poor by serving a population of around 300,000 people in an area with a diameter of 200 kilometres.

With the retirement last year of Sister Barbara and the death of Dr. Monica Glenshaw in 2010 the hospital has entered a new phase of caring for the people of Buhera led by dedicated Zimbabwean staff including Sisters of the Little Company of Mary.

Sister Barbara and Dr. Monica Glenshaw drove forward innovation and co-operation with all willing parties to realize the task of making the health services for the people of Buhera better and this mission - to be a "Pool of Healing "and to care for the poor - is as relevant in 2015 as it was in 1968, and it continues to be pursued with energy and dedication by the current staff of the hospital.

Many of the innovations in the last 10 years have been in partnership with Medicine sans Frontières particularly in the fight against AIDS. Challenges are beginning to be tackled as this organization's passing of commitment to local initiative gathers pace.



## The District

Buhera District consists mainly of 'Communal Land'. This means there is no title ownership of land, (except within designated growth points, Murambinda and Birchenough Bridge). Land use is governed through a system of traditional leaders and elected councillors. Buhera covers an area of 5,364 km<sup>2</sup>. The area suffers from very low rainfall, and a minuscule land area is under irrigation. Irregular rainfall leads to poor harvests and food shortages.

Through hard work and experience gained from previous periods of hardship, the population of Buhera has developed a remarkable capacity for survival. Poverty remains a great hindrance to the development of Buhera and its people. MMH, among others, aims to assist the community to overcome these hurdles.



## Message from the Chair

Thank you for your generous donations this year that have helped Murambinda Mission Hospital continue to serve the needs of vulnerable people. People like Ida

*Ida is a 30 year old woman from a village 50km away from Murambinda. She is HIV positive and is taking medication for this. She delivered twins at her local clinic but sadly the 2nd twin was stillborn. Her surviving baby Farai was referred to Murambinda Mission Hospital due to his low birth weight. Staff helped Ida to ensure that Farai got adequate feeds and gained weight.*

*Babies born to HIV positive mothers are at risk of becoming infected during delivery or via breast milk. This can be prevented if babies are given antiretroviral therapy in the first months of life.*

*Thanks to your donations Murambinda Mission Hospital is able to provide for people like Ida and her baby Farai. She could easily have been mourning the deaths of both her twins were it not for the hospital's care.*

In Western Europe we often take the survival of our children and access to health care for granted.

Your donations can help make this come true in rural Zimbabwe!

Please set up a Direct Debit (see page 15). If you already have one please increase the amount.

Medecin Sans Frontières helped set up HIV services in the Hospital and surrounding clinics but is withdrawing this year leaving a big hole in finances and staff. Zimbabwe Government funding for the Hospital is also too low. Demands on FMH funds are increasing and this year we have not been able to fund all the requests made to us by the Hospital. Please do what you can to help.

Dr Mike Thompson

Chair of Friends of Murambinda Hospital



# **FRIENDS OF MURAMBINDA HOSPITAL FUNDING FEEDBACK FORM.**

## Application Title: Uniforms

**Name of main Applicant:** *Murambinda Hospital*

**Date Submitted:** May 2014.      **Date Approved:** 17 May 2014.

**Approved by Hospital Executive?** Yes.

INCOME			
DATE	Project Detail	Equiv in US\$	Amount in £
17/05/14	Uniforms	3,721.00	2,215.00
Total Income			
<b>Less EXPENDITURE</b>			
Date	Details of expenditure	local currency US\$	Equiv in £
Patient uniforms	In progress		
Staff uniforms female		777.00	
Worksuits	In progress		
Balance		2,944.00	

## NOTES:

Uniforms project is still under progress, we have managed to do dresses for Nurse Aides and Kitchen staff. Female General Hands took time to decide whether to go for work suits or dresses. Finally they have agreed on work suits for both females and males. We are going to buy the work suits week beginning 16 November 2014.

Nurse Aides and General Hands are the least paid on Government payroll and cannot afford to buy uniforms for themselves and unlike nursing staff they do not get uniform allowance.

This project will see each Nurse Aide and General Hand receiving two pairs of dresses. This will improve on smartness and also motivate our staff.

General Hands and Nurse Aides are very grateful for the uniforms please find the picture showing Nurse Aides in the new dresses

## Pharmacy and surgical supplies.

A hospital with medicines out of stock cannot function, it is heart-breaking to turn patients away without treatment when one knows that with the necessary medicine they could be cured or comforted. This year we gave two donations of £5000 for medicines and paid £19,702 for a delivery of surgical supplies and medical equipment from Durbin. Durbin is a UK supplier that specialises in delivery of such supplies internationally. We were able to buy bandages, surgical gloves, catheters, colostomy bags, syringes, dental needles, x-ray radiation protection aprons, infant feeding tubes blood pressure machines and weighing scales.

**However our donations were not enough to prevent shortages of medicines. Please consider setting up a direct debit to pay for medicines for one patient for a year.**



DO YOU KNOW SOMEONE WITH ASTHMA?

CAN YOU IMAGINE NOT HAVING ACCESS TO INHALERS?

MMH COST FOR A BECLOMETHASONE (BROWN) INHALER IS £2.34 AND FOR A SALBUTAMOL (BLUE) INHALER IS £1.47

A DIRECT DEBIT FROM YOU FOR £3.81 PER MONTH WOULD PROVIDE ONE PATIENT WITH VITAL INHALERS FOR ASTHMA.



DO YOU KNOW SOMEONE WITH HAVE DIABETES?

CAN YOU IMAGINE NOT HAVING ACCESS TO DIABETIC MEDICINES?

A CARTRIDGE OF ACTRAPID INSULIN COSTS MMH £3.30 AND A CARTRIDGE OF ISOPHANE INSULIN £3.30

A DIRECT DEBIT FOR £ 6.60 PER MONTH WOULD PROVIDE ONE PATIENT WITH LIFE-SAVING INSULIN.

**FRIENDS OF MURAMBINDA HOSPITAL  
FUNDING FEEDBACK FORM.**

**Application Title:** Pharmacy

**Name of main Applicant:** *Murambinda Hospital*

**Date Submitted:** May 2014.      **Date Approved:** 17 May 2014.

**Approved by Hospital Executive?**      *Yes.*

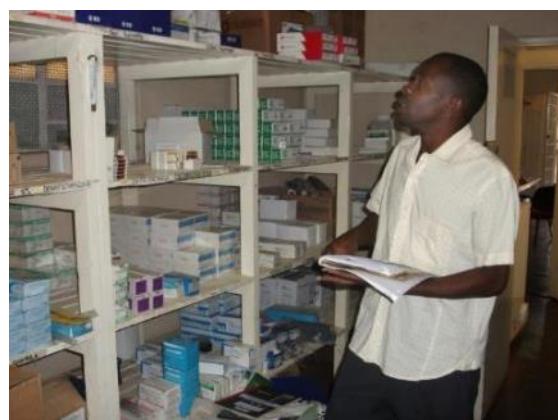
<b>INCOME</b>			
<b>DATE</b>	<b>Project Detail</b>	<b>Equiv in US\$</b>	<b>Amount in £</b>
17/05/14	Pharmacy	8,400.00	5,000
Total Income			
<b>Less EXPENDITURE</b>			
<b>Date</b>	<b>Details of expenditure</b>	<b>local currency US\$</b>	<b>Equiv in £</b>
Pharmacy supplies		8,400.00	

Murambinda Mission Hospital experienced a lot of "out of stock" on essential, vital and necessary drugs and including the surgical sundries in the first 6 months of 2014. We did not have enough funds to replenish stocks in full. Pharmacy donations from Natpharm (the state pharmaceutical supplier) were low.

Pharmacy money received from FMH in May 2014 helped our pharmacy department to procure more drugs for the hospital especially for cardiovascular, diabetic and asthma medications. As a result stocks improved in the second half of the year. Murambinda has since employed a cost recovery system on pharmacy supplies but our catchment's area is very poor and we continue to receive patients who are not able to pay for the service rendered to them.

Management Consultants for the strategic planning recommended that Murambinda accept payments in kind which is happening in other areas and has worked fine but Buhera people are very poor that they are not even able to pay in kind.

We would like to thank FMH for helping us with the logistics for the order from the UK supplier Durbin for surgical supplies. The Durbin facility has helped us to procure adequate surgical sundries for six months. Durbin prices are relative lower than the local prices and better value for money.



# Jogmart

PHARMACEUTICALS

FiscalTaxInvoice	
Date	06/10/2014
Page	1
Document No	IN103854

JOGMART PHARMACEUTICALS  
21-2 Ossongi Road  
Mudzi  
Ph: +263-24-136130868218  
Cell: 2736270616

Murambinda hospital

Deliver to:

BP 30 2005-050  
VAT REG: 12 54214

Item	Description	Quantity	Cost Code	Unit Price	Disc%	Tax	Net Price
F10.2	Lignocaine 2% vial 10's	5.00		15.00	0.00%	75.00	
FH 620 4H	Enalapril 20mg Tablets 100s bn 0914279	120.00		9.45	0.00%	1,134.00	
NF031	Nifedipine 20mg Tablets 100s bn CD543013	120.00		6.50	0.00%	780.00	
SLXTE60.5HN	Slow K Tabs 600mg 500s bn DY6875	90.00		20.80	0.00%	1,872.00	
PR2161-1H	Prazosin 1mg Tablets 1000s bn 240155	9.00		54.65	0.00%	491.85	
PRM 01/00175	Propanthol 40mg Tabs 500s bn 240072	6.00		14.25	0.00%	85.50	
F11.620.5H	Furosemide 20mg/2ml Inj 10s bn 9040110	40.00		8.45	0.00%	338.00	
PRTE100.5H	Cytotec 200mg Tablets 28s bn 809984	15.00		14.30	0.00%	214.50	
AM 010.5H	Ambroxylate 25mg Tabs 1000s bn B53330/02	18.00		20.80	0.00%	314.40	
FH 18.7H	Phenobarbitone 30mg Tabs 1000s bn 240132	60.00		26.50	0.00%	1,590.00	
AM 10	Allergen 4mg Tablets 1000s bn 140053	8.00		9.00	0.00%	72.00	
CALL 01/013	Calamine Lotion 750ml (Plus 5) bn 0614153	3.00		12.00	0.00%	36.00	
A 4.42	Aroma Air-freshner ( Assorted ) 225ml	40.00		2.26	15.00%	99.40	
SURG	Surgical Gloves Size 7.5 bn 2013015	4.000.0		0.52	15.00%	2,080.00	
SH 007	Sharp 10m Card 5L - 1s bn 20130810	150.00		3.70	15.00%	555.00	
210	Nylon Suture 45mm	24.00		30.00	15.00%	720.00	
	R/CuttingnC2184N2						

ST PHARMACEUTICALS MURAMBINDA DISTRICT

06/10/2014

Sub Total	10,508.65	
Discount @	0.00%	0.00
Amount Excl Tax	10,508.65	
Tax Total	515.51	
Invoice Total	11,024.16	

ST 0401021118712612H9034D894FD6753F768 0004 00003175 1410061138 01ZW0301969

It is difficult to turn away patients because there are no drugs in the hospital. We continue to thank FMH for the support towards pharmacy expenditure. Your support has gone a long way in serving a lot of lives in Buhera District, a poor elderly who came presenting with malaria received her treatment and went back home a happy and healthy person.

Thank you very much for the continued support.  
Mudzi Kefas

Donor Secretary.

The Friends of Murambinda Hospital use a company, Durbin that specialises in helping charities send drugs abroad to poorly supplied countries. Below is the list of some of the supplies sent to Murambinda.

Line No.	Description	Pack Size	Qty	Price £	Net £
11	EW006L Bag colostomy drainable,beige,cut-to-fit stoma size 13-64mm Pk:10 includes 1 clamp. One piece, adhesive		50	32.65	1,632.50
12	EW008P Bag urinary drainage with tap 2000ml inlet tube 40"(103cm) sterile, for long term drainage		2,000	0.20	400.00
13	EC030P Tube gast/duod Ryle 8FG disp. gastro-duodenal Pk:100		5	38.30	191.50
14	ET171P Tubes infant feeding 48cm length 5FG sterile disp. Pk:100		5	16.95	84.75
15	EO05008L Catheter suction 6CH 48cm sterile disposable Pk:100		40	16.75	670.00
16	EO05004L Catheter suction 8CH 48cm sterile disposable Pk:100		30	10.30	309.00
17	ET190P Sterilisation indicator tape 2.5cm x 50m (1"x55yds) colour change green to brown/black for use with steam autoclaves		50	3.00	150.00
18	ET04504P Glove latex medium examination protective lightly powdered Pk:100		1,356	3.15	4,271.40
19	ET051P Scrub brush surgeons'autoclavable		50	0.55	27.50
20	ET082P Mask face surgical disp. surgeons type with ear loops Pk:50		54	1.75	94.50
21	EF14901P Gel ultrasound/electrical Pk: 260g/250ml		30	1.00	30.00
22	ES020L Syringe 50ml, BD Plastipak, 3-piece, catheter tip Pk:60		3	19.50	58.50
23	EH03408P Needle dental 27g long disp Imp. plastic hub sterile Pk:100		30	4.30	129.00
24	EH03409P Needle dental 27g short disp Imp. plastic hub sterile Pk:100		30	7.50	225.00
25	EX07301L X-ray protective apron 100cm/39" long 0.25mm lead equiv. Multi-layer, single-sided with leather straps		2	97.75	195.50

## **Medical students at Murambinda Mission Hospital**

The Friends of Murambinda Hospital is pleased to have been involved in promoting and assisting the placing of medical students from Great Britain at the hospital in the last year.

The students experienced a very different medical environment than they will have seen in the UK and it is hoped that the Hospital staff will have benefited from their visit.

The Friends look forward to assisting more students in the future.



## **FMH Expenditure 2014 -15**

### **Salary supplements for vital staff.**

Isolated rural hospitals throughout the world struggle to obtain and retain good quality doctors, nurses and other staff. This is particularly true in developing countries in Africa where finances from state governments are often inadequate or non-existent.

The Friends of Murambinda Hospital has always recognized this as a vital factor to address in their funding to ensure that the current good practices in the hospital continue to benefit the health and wellbeing of the people of the Buhera district.

#### **INCOME: 6.4.14-5.4.15**

ONE OFF DONATIONS	£	29,886.00
STANDING ORDERS	£	18,274.00
GIFT AID	£	5,369.01
INTEREST	£	6.00
SHARE DIVIDEND	£	3,225.00
TOTAL	£	56,760.00

#### **EXPENDITURE**

Salaries	£	57,890.00
Cooking Shelter	£	1,250.00
Fuel	£	2,884.00
Hospital Equipment	£	938.00
Floor tiles	£	1,160.00
Uniforms	£	2,215.00
Pharmaceuticals	£	10,000.00
Shipment of medical equipment	£	19,701.70
Bank charges	£	40.00
 TOTAL	£	 96,079.00
 BALANCE AT YEAR END	£	 20,314.00

## Donors

Our thanks goes out to each and every donor, from those who arranged sales, sacrificed presents, gave royalties or raised sponsor money. Every contribution large or small is much appreciated both from those listed below and those not mentioned.

All Saints Church, Gosford	Alan Gardner	Phoenix Fund of Zimbabwe
All Saints Church, Easington, Saltburn	Margaret Gibson	Dr Stephen Pope
Rosemary Austen	Vanessa Graham	Order of St Lazarus of Jerusalem Grand Balliwick of Scotland
Jack and Hanna Barker	Peter and Margery Grant	Pollockshields C of S Guild
Helen Belger and Malcolm Todd	Margaret Hart and P Jennow	Julie and Malcolm Potter
Edward Berney	Judith Harvey	Neil and Chris Pressick
Bert Community	Joanna Haward	Mr and Mrs J B Raper
Mary Bielby	Keith and Kathy Howard	Martin Smith – London Marathon
Alison and Bill Brichieri- Colombi	Marion Howard and Richard Germain	Tim Rault-Smith
R Burridge	Margaret, Dave and Lorna Hudson	Richard and Caroline Rigby
Nigel and Elaine Carden	The late Philomena Hynes	Mrs Joan Rowan-Hamilton
Cheltenham Cleeve Vale	Jelly Piece Club	Karsten and Brenda Saunders
Rotary Club	David Jones	Kirsten Scott and John Somner
Prof. Douglas Chamberlain	Nicholas and Sally Kuenssberg	Ann Shearer
Jonathan and Judith Clark	Betty Laine	Dr Peter Sheppard
Clare Connolly and Bob Cannell	John Lamont	John and J Slater
Emily Connolly	Robert and J Last	Brian Smith and Nicky Portergill
Daniel Connolly	Teresa Lawlor	Marie Smith
John and Ann Connolly	Patti Lomax	St Alfege, Greenwich
Jim and Mary Connolly	William and Brenda Martin	Audrey Steele
Michael and Tessa Connolly	Debbie and John Matthews	David and Penny Stableforth
Matt and Fliss Connolly	Alexander McCall Smith	Liz and Alan Stark
C J Cooper	Tracey McCulley	Stokesley Engineers
Phil and Ann Cudworth	Peter Millar (Dorothy Millar Charitable Trust)	Cynthia Takundwa
Richard de Souza and & M Dunkley	John and Rosemary Millard	The Tibden Trust
Martin and Sue Dennis	John and Mary Miller	Michael and Brenda Thomson
Alison Dodds	Marion Mitchell	Micheline and Ted Thompson
Catriona and Sean Doran	Irmgard Munro	Mike Thompson and Kay Shepherd
Catherine and Stewart Falconer	The Catholic Parish of Our Lady of Lourdes and St Swithun, Southsea	Alison Totty
Joan Fletcher	William and E O'Neill	West Church, Haddington
Richard and J Fortin	Mary Paris	Wolsingham Parish Church
		Yarm School
		Iain Yuill

Philomena Hynes died peacefully on the 5th March 2015 aged 81 years. She was a retired anaesthetist and long term benefactor of FMH. She will be sadly missed. RIP

## Trustees:

We have six trustees, Dr John Connolly, Mrs. Mary Miller, Dr Carolyn Rigby, Dr Michael Thomson, Dr Martin Dennis and Dr Michael Thompson. All the doctors have worked at Murambinda in the past. Mary Miller visits frequently to support the hospital, provide training in the Child and Adolescent Resource Centre and to supervise projects.

N.B. All money donated went to Murambinda Mission Hospital. The trustees bear all administrative costs themselves and give their time freely. No money is spent on fundraising, advertising or management.



## Gift Aid Declaration

Friends of Murambinda Hospital (Reg. Charity 1073978)

I [REDACTED] title [REDACTED]

of [REDACTED] (address)

[REDACTED] Postcode [REDACTED]

would like

Friends [REDACTED] of Murambinda Mission Hospital to treat all donations I have made since 6 April 2000, and all donations [REDACTED] I make from the date of this declaration until I notify you otherwise, as Gift Aid donations. I will notify Friends of Murambinda Hospital if I no longer pay an amount of income tax equal to the tax reclaimed on my donations.

Signature [REDACTED] Date [REDACTED]

Please return this half of completed form to

Dr. C Rigby, Treasurer,  
Friends of Murambinda Hospital  
East Park Cottage  
Hutton Lane  
Guisborough  
Cleveland TS14 8AA

Please cut-----

### BANKERS ORDER FORM

To the manager of my bank Date [REDACTED] / [REDACTED]

Name of my bank [REDACTED] Bank plc.

Address of my bank [REDACTED]

[REDACTED] Postcode [REDACTED]

Please pay Friends of Murambinda account no. 40-52-40 00006100  
at Cafcash Ltd, Kings Hill, West Malling, Kent ME19 4TA

the sum of £ [REDACTED] every [REDACTED] month/quarter/year\* \*delete as required

starting on [REDACTED] / [REDACTED] until further notice.

Please debit my account no. [REDACTED]

Name (capitals) [REDACTED]

Address [REDACTED]

[REDACTED] Postcode [REDACTED]

Signed [REDACTED]

Please return this half of completed form to your bank



## Contact details

Dr Mike Thompson, Chair  
55 Wilbury Avenue,  
Hove BN3 6GH  
[f.m.h@live.co.uk](mailto:f.m.h@live.co.uk)

Dr Carolyn Rigby,  
Treasurer,  
East Park Cottage,  
Hutton Lane,  
Guisborough  
TS14 8AA

Donate whatever you can:

1. Online at [www.fmh.org.uk/donat.htm](http://www.fmh.org.uk/donat.htm)
2. By sending cheques payable to "Friends of Murambinda Hospital" to the treasurer at the address above
3. By filling in a standing order form above.
4. Text FMHG11£10 to 70070 to donate £10
5. Or if you have a non UK bank account please contact the treasurer for SWIFT and IBAN details.

Murambinda Mission Hospital is a beacon of good care. It is more reliant than ever on external funding due to conditions within Zimbabwe.

FMH relies entirely on donations to pay for the projects we are asked to fund.

All donations go to help projects at Murambinda; none is spent on administration.

All administrative costs are met by the trustees; we have no paid employees, no advertising or fund raising costs.