

Friends of Murambinda Hospital



UK Registered Charity 1073978



ANNUAL REPORT 2014-15

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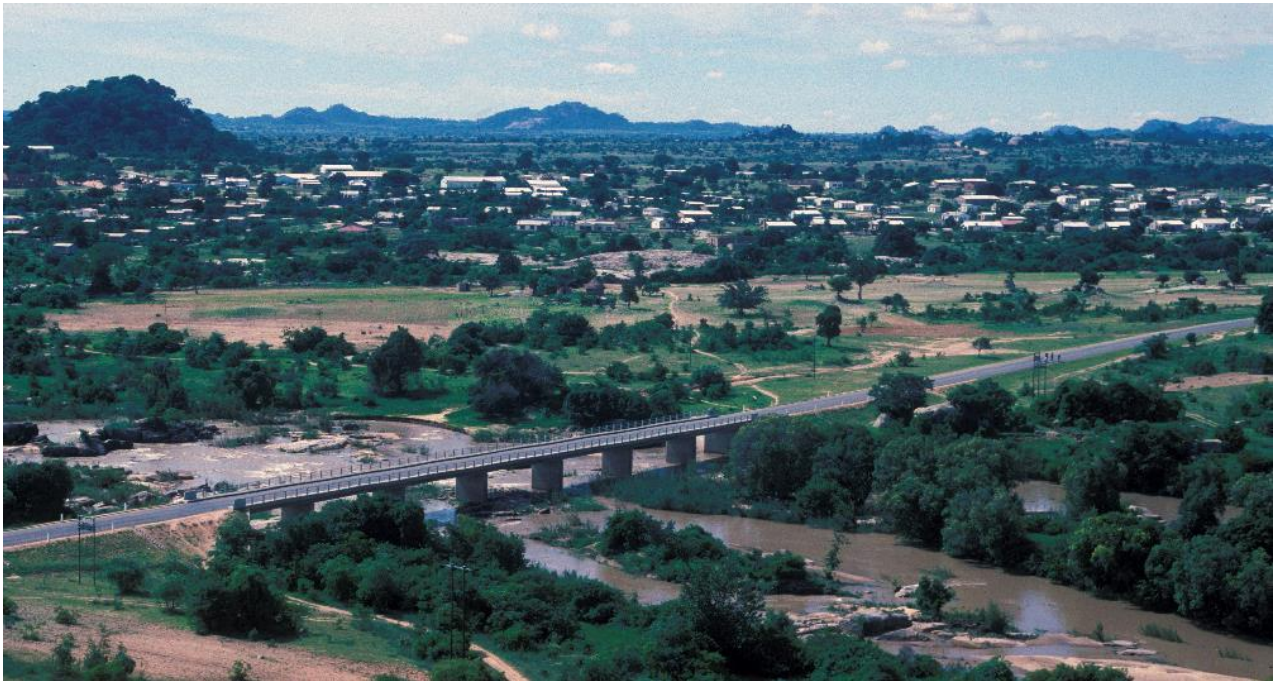
The Hospital

Murambinda Mission Hospital (MMH) is the Designated District Hospital for Buhera District in Manicaland Province, Zimbabwe. The Hospital was founded in 1968 by the Sisters of the Little Company of Mary, under the Catholic Church's Archdiocese of Harare. The Hospital carries out its mission to care for the poor by serving a population of around 300,000 people in an area with a diameter of 200 kilometres.

With the retirement last year of Sister Barbara and the death of Dr. Monica Glenshaw in 2010 the hospital has entered a new phase of caring for the people of Buhera led by dedicated Zimbabwean staff including Sisters of the Little Company of Mary.

Sister Barbara and Dr. Monica Glenshaw drove forward innovation and co-operation with all willing parties to realize the task of making the health services for the people of Buhera better and this mission - to be a "Pool of Healing "and to care for the poor - is as relevant in 2015 as it was in 1968, and it continues to be pursued with energy and dedication by the current staff of the hospital.

Many of the innovations in the last 10 years have been in partnership with Medicine sans Frontières particularly in the fight against AIDS. Challenges are beginning to be tackled as this organization's passing of commitment to local initiative gathers pace.



The District

Buhera District consists mainly of 'Communal Land'. This means there is no title ownership of land, (except within designated growth points, Murambinda and Birchenough Bridge). Land use is governed through a system of traditional leaders and elected councillors. Buhera covers an area of 5,364 km². The area suffers from very low rainfall, and a miniscule land area is under irrigation. Irregular rainfall leads to poor harvests and food shortages.

Through hard work and experience gained from previous periods of hardship, the population of Buhera has developed a remarkable capacity for survival. Poverty remains a great hindrance to the development of Buhera and its people. MMH, among others, aims to assist the community to overcome these hurdles.



Message from the Chair

Thank you for your generous donations this year that have helped Murambinda Mission Hospital continue to serve the needs of vulnerable people. People like Ida

Ida is a 30 year old woman from a village 50km away from Murambinda. She is HIV positive and is taking medication for this. She delivered twins at her local clinic but sadly the 2nd twin was stillborn. Her surviving baby Farai was referred to Murambinda Mission Hospital due to his low birth weight. Staff helped Ida to ensure that Farai got adequate feeds and gained weight.

Babies born to HIV positive mothers are at risk of becoming infected during delivery or via breast milk. This can be prevented if babies are given antiretroviral therapy in the first months of life.

Thanks to your donations Murambinda Mission Hospital is able to provide for people like Ida and her baby Farai. She could easily have been mourning the deaths of both her twins were it not for the hospital's care.

In Western Europe we often take the survival of our children and access to health care for granted.

Your donations can help make this come true in rural Zimbabwe!

Please set up a Direct Debit (see page 15). If you already have one please increase the amount.

Medecin Sans Frontières helped set up HIV services in the Hospital and surrounding clinics but is withdrawing this year leaving a big hole in finances and staff. Zimbabwe Government funding for the Hospital is also too low. Demands on FMH funds are increasing and this year we have not been able to fund all the requests made to us by the Hospital. Please do what you can to help.

Dr Mike Thompson

Chair of Friends of Murambinda Hospital



**FRIENDS OF MURAMBINDA HOSPITAL
FUNDING FEEDBACK FORM.**

Application Title: Uniforms

Name of main Applicant: *Murambinda Hospital*

Date Submitted: May 2014. **Date Approved:** 17 May 2014.

Approved by Hospital Executive? *Yes.*

INCOME			
DATE	Project Detail	Equiv in US\$	Amount in£
17/05/14	Uniforms	3,721.00	2,215.00
Total Income			
Less EXPENDITURE			
Date	Details of expenditure	local currency US\$	Equiv in £
Patient uniforms	In progress		
Staff uniforms female		777.00	
Worksuits	In progress		
Balance		2,944.00	

NOTES:

Uniforms project is still under progress, we have managed to do dresses for Nurse Aides and Kitchen staff. Female General Hands took time to decide whether to go for work suits or dresses. Finally they have agreed on work suits for both females and males. We are going to buy the work suits week beginning 16 November 2014.

Nurse Aides and General Hands are the least paid on Government payroll and cannot afford to buy uniforms for themselves and unlike nursing staff they do not get uniform allowance.


This project will see each Nurse Aide and General Hand receiving two pairs of dresses. This will improve on smartness and also motivate our staff.

General Hands and Nurse Aides are very grateful for the uniforms please find the picture showing Nurse Aides in the new dresses

Pharmacy and surgical supplies.

A hospital with medicines out of stock cannot function, it is heart-breaking to turn patients away without treatment when one knows that with the necessary medicine they could be cured or comforted. This year we gave two donations of £5000 for medicines and paid £19,702 for a delivery of surgical supplies and medical equipment from Durbin. Durbin is a UK supplier that specialises in delivery of such supplies internationally. We were able to buy bandages, surgical gloves, catheters, colostomy bags, syringes, dental needles, x-ray radiation protection aprons, infant feeding tubes blood pressure machines and weighing scales.


However our donations were not enough to prevent shortages of medicines. Please consider setting up a direct debit to pay for medicines for one patient for a year.



DO YOU KNOW SOMEONE WITH ASTHMA?
CAN YOU IMAGINE NOT HAVING ACCESS TO INHALERS?

MMH COST FOR A BECLOMETHASONE (BROWN) INHALER IS £2.34 AND FOR A SALBUTAMOL (BLUE) INHALER IS £1.47

A DIRECT DEBIT FROM YOU FOR £3.81 PER MONTH WOULD PROVIDE ONE PATIENT WITH VITAL INHALERS FOR ASTHMA.



DO YOU KNOW SOMEONE WITH HAVE DIABETES?
CAN YOU IMAGINE NOT HAVING ACCESS TO DIABETIC MEDICINES?

A CARTRIDGE OF ACTRAPID INSULIN COSTS MMH £3.30
AND A CARTRIDGE OF ISOPHANE INSULIN £3.30

A DIRECT DEBIT FOR £ 6.60 PER MONTH WOULD PROVIDE ONE PATIENT WITH LIFE-SAVING INSULIN.

FRIENDS OF MURAMBINDA HOSPITAL FUNDING FEEDBACK FORM.

Application Title: Pharmacy

Name of main Applicant: *Murambinda Hospital*

Date Submitted: May 2014.

Date Approved: 17 May 2014.

Approved by Hospital Executive? *Yes.*

INCOME			
DATE	Project Detail	Equiv in US\$	Amount in£
17/05/14	Pharmacy	8,400.00	5,000
Total Income			
Less EXPENDITURE			
Date	Details of expenditure	local currency US\$	Equiv in £
Pharmacy supplies		8,400.00	

Murambinda Mission Hospital experienced a lot of "out of stock" on essential, vital and necessary drugs and including the surgical sundries in the first 6 months of 2014. We did not have enough funds to replenish stocks in full. Pharmacy donations from Natpharm (the state pharmaceutical supplier) were low.

Pharmacy money received from FMH in May 2014 helped our pharmacy department to procure more drugs for the hospital especially for cardiovascular, diabetic and asthma medications. As a result stocks improved in the second half of the year. Murambinda has since employed a cost recovery system on pharmacy supplies but our catchment's area is very poor and we continue to receive patients who are not able to pay for the service rendered to them.

Management Consultants for the strategic planning recommended that Murambinda accept payments in kind which is happening in other areas and has worked fine but Buhera people are very poor that they are not even able to pay in kind.

We would like to thank FMH for helping us with the logistics for the order from the UK supplier Durbin for surgical supplies. The Durbin facility has helped us to procure adequate surgical sundries for six months. Durbin prices are relative lower than the local prices and better value for money.



The Friends of Murambinda Hospital use a company, Durbin that specialises in helping charities send drugs abroad to poorly supplied countries. Below is the list of some of the supplies sent to Murambinda.

Line No.	Description	Pack Size	Qty	Price £	Net £
11	EW006L Bag colostomy drainable,beige,cut-to-fit stoma size 13-64mm Pk:10 includes 1 clamp. One piece, adhesive		50	32.65	1,632.50
12	EW008P Bag urinary drainage with tap 2000ml inlet tube 40"(103cm) sterile, for long term drainage		2,000	0.20	400.00
13	EC030P Tube gast/duod Ryle 8FG disp. gastro-duodenal Pk:100		5	38.30	191.50
14	ET171P Tubes infant feeding 48cm length 5FG sterile disp. Pk:100		5	16.95	84.75
15	EO05008L Catheter suction 6CH 48cm sterile disposable Pk:100		40	16.75	670.00
16	EO05004L Catheter suction 8CH 48cm sterile disposable Pk:100		30	10.30	309.00
17	ET190P Sterilisation indicator tape 2.5cm x 50m (1"x55yds) colour change green to brown/black for use with steam autoclaves		50	3.00	150.00
18	ET04504P Glove latex medium examination protective lightly powdered Pk:100		1,356	3.15	4,271.40
19	ET051P Scrub brush surgeons'autoclavable		50	0.55	27.50
20	ET082P Mask face surgical disp. surgeons type with ear loops Pk:50		54	1.75	94.50
21	EF14901P Gel ultrasound/electrical Pk: 260g/250ml		30	1.00	30.00
22	ES020L Syringe 50ml, BD Plastipak, 3-piece, catheter tip Pk:60		3	19.50	58.50
23	EH03408P Needle dental 27g long disp Imp. plastic hub sterile Pk:100		30	4.30	129.00
24	EH03409P Needle dental 27g short disp Imp. plastic hub sterile Pk:100		30	7.50	225.00
25	EX07301L X-ray protective apron 100cm/39" long 0.25mm lead equiv. Multi-layer, single-sided with leather straps		2	97.75	195.50

Medical students at Murambinda Mission Hospital

The Friends of Murambinda Hospital is pleased to have been involved in promoting and assisting the placing of medical students from Great Britain at the hospital in the last year.

The students experienced a very different medical environment than they will have seen in the UK and it is hoped that the Hospital staff will have benefited from their visit.

The Friends look forward to assisting more students in the future.



FMH Expenditure 2014 -15

Salary supplements for vital staff.

Isolated rural hospitals throughout the world struggle to obtain and retain good quality doctors, nurses and other staff. This is particularly true in developing countries in Africa where finances from state governments are often inadequate or non-existent.

The Friends of Murambinda Hospital has always recognized this as a vital factor to address in their funding to ensure that the current good practices in the hospital continue to benefit the health and wellbeing of the people of the Buhera district.

INCOME: 6.4.14-5.4.15

ONE OFF DONATIONS	£	29,886.00
STANDING ORDERS	£	18,274.00
GIFT AID	£	5,369.01
INTEREST	£	6.00
SHARE DIVIDEND	£	3,225.00
TOTAL	£	56,760.00

EXPENDITURE

Salaries	£	57,890.00
Cooking Shelter	£	1,250.00
Fuel	£	2,884.00
Hospital Equipment	£	938.00
Floor tiles	£	1,160.00
Uniforms	£	2,215.00
Pharmaceuticals	£	10,000.00
Shipment of medical equipment	£	19,701.70
Bank charges	£	40.00
TOTAL	£	96,079.00
BALANCE AT YEAR END	£	20,314.00

Donors

Our thanks goes out to each and every donor, from those who arranged sales, sacrificed presents, gave royalties or raised sponsor money. Every contribution large or small is much appreciated both from those listed below and those not mentioned.

All Saints Church, Gosford
All Saints Church,
Easington, Saltburn
Rosemary Austen
Jack and Hanna Barker
Helen Belger and Malcolm
Todd
Edward Berney
Bert Community
Mary Bielby
Alison and Bill Brichieri-
Colombi
R Burridge
Nigel and Elaine Carden
Cheltenham Cleeve Vale
Rotary Club
Prof. Douglas Chamberlain
Jonathan and Judith Clark
Clare Connolly and Bob
Cannell
Emily Connolly
Daniel Connolly
John and Ann Connolly
Jim and Mary Connolly
Michael and Tessa Connolly
Matt and Fliss Connolly
C J Cooper
Phil and Ann Cudworth
Richard de Souza and
& M Dunkley
Martin and Sue Dennis
Alison Dodds
Catriona and Sean Doran
Catherine and Stewart
Falconer
Joan Fletcher
Richard and J Fortin

Alan Gardner
Margaret Gibson
Vanessa Graham
Peter and Margery Grant
Margaret Hart and P Jennow
Judith Harvey
Joanna Haward
Keith and Kathy Howard
Marion Howard and Richard
Germain
Margaret, Dave and Lorna
Hudson
The late Philomena Hynes
Jelly Piece Club
David Jones
Nicholas and Sally
Kuenssberg
Betty Laine
John Lamont
Robert and J Last
Teresa Lawlor
Patti Lomax
William and Brenda Martin
Debbie and John Matthews
Alexander McCall Smith
Tracey McCulley
Peter Millar (Dorothy Millar
Charitable Trust)
John and Rosemary Millard
John and Mary Miller
Marion Mitchell
Irmgard Munro
The Catholic Parish of Our
Lady of Lourdes and St
Swithun, Southsea
William and E O'Neill
Mary Paris

Phoenix Fund of Zimbabwe
Dr Stephen Pope
Order of St Lazarus of
Jerusalem Grand Balliewick of
Scotland
Pollockshields C of S Guild
Julie and Malcolm Potter
Neil and Chris Pressick
Mr and Mrs J B Raper
Martin Smith – London Marathon
Tim Rault-Smith
Richard and Caroline Rigby
Mrs Joan Rowan-Hamilton
Karsten and Brenda Saunders
Kirsten Scott and John Somner
Ann Shearer
Dr Peter Sheppard
John and J Slater
Brian Smith and Nicky Portergill
Marie Smith
St Alfege, Greenwich
Audrey Steele
David and Penny Stableforth
Liz and Alan Stark
Stokesley Engineers
Cynthia Takundwa
The Tibden Trust
Michael and Brenda Thomson
Micheline and Ted Thompson
Mike Thompson and Kay
Shepherd
Alison Totty
West Church, Haddington
Wolsingham Parish Church
Yarm School
Iain Yuill

Philomena Hynes died peacefully on the 5th March 2015 aged 81 years. She was a retired anaesthetist and long term benefactor of FMH. She will be sadly missed. RIP

Trustees:

We have six trustees, Dr John Connolly, Mrs. Mary Miller, Dr Carolyn Rigby, Dr Michael Thomson, Dr Martin Dennis and Dr Michael Thompson. All the doctors have worked at Murambinda in the past. Mary Miller visits frequently to support the hospital, provide training in the Child and Adolescent Resource Centre and to supervise projects.

N.B. All money donated went to Murambinda Mission Hospital. The trustees bear all administrative costs themselves and give their time freely. No money is spent on fundraising, advertising or management.



Gift Aid Declaration

Friends of Murambinda Hospital (Reg. Charity 1073978)

I [] title []

of [] (address)

[] Postcode []

would like

Friends of Murambinda Mission Hospital to treat all donations I have made since 6 April 2000, and all donations I make from the date of this declaration until I notify you otherwise, as Gift Aid donations. I will notify Friends of Murambinda Hospital if I no longer pay an amount of income tax equal to the tax reclaimed on my donations.

Signature []

Date []

Please return this half of completed form to

Dr. C Rigby, Treasurer,
Friends of Murambinda Hospital
East Park Cottage
Hutton Lane
Guisborough
Cleveland TS14 8AA

Please cut-----

BANKERS ORDER FORM

To the manager of my bank Date [] / [] / []

Name of my bank [] Bank plc.

Address of my bank []
[] Postcode []

Please pay Friends of Murambinda account no. 40-52-40 00006100
at Cafcash Ltd, Kings Hill, West Malling, Kent ME19 4TA

the sum of £ [] every [] month/quarter/year* *delete as required

starting on [] / [] / [] until further notice.

Please debit my account no. []

Name (capitals) []

Address []
[] Postcode []

Signed []

Please return this half of completed form to your bank



Contact details

Dr Mike Thompson, Chair
55 Wilbury Avenue,
Hove BN3 6GH
f.m.h@live.co.uk

Dr Carolyn Rigby,
Treasurer,
East Park Cottage,
Hutton Lane,
Guisborough
TS14 8AA

Donate whatever you can:

1. Online at www.fmh.org.uk/donat.htm
2. By sending cheques payable to "Friends of Murambinda Hospital" to the treasurer at the address above
3. By filling in a standing order form above.
4. Text FMHG11£10 to 70070 to donate £10
5. Or if you have a non UK bank account please contact the treasurer for SWIFT and IBAN details.

Murambinda Mission Hospital is a beacon of good care. It is more reliant than ever on external funding due to conditions within Zimbabwe.

FMH relies entirely on donations to pay for the projects we are asked to fund.

All donations go to help projects at Murambinda; none is spent on administration.

All administrative costs are met by the trustees; we have no paid employees, no advertising or fund raising costs.