

# Friends of Murambinda Hospital



UK Registered Charity 1073978



## ANNUAL REPORT 2015-16

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## The Hospital

Murambinda Mission Hospital (MMH) is the Designated District Hospital for Buhera District in Manicaland Province, Zimbabwe. The Hospital was founded in 1968 by the Sisters of the Little Company of Mary, under the Catholic Church's Archdiocese of Harare. The Hospital carries out its mission to care for the poor by serving a population of around 300,000 people in an area with a diameter of 200 kilometres.

The hospital has entered a new phase of caring for the people of Buhera led by dedicated Zimbabwean staff including Sisters of the Little Company of Mary. Previous innovations and co-operation with all willing parties to realize the task of making the health services for the people of Buhera better and to be a "Pool of Healing" and care for the poor continues to be pursued with energy and dedication by the current staff of the hospital.

Many of the innovations in the last 10 years have been in partnership with Medicine sans Frontières particularly in the fight against AIDS. The withdrawal of funding and support by MSF for these initiatives has been challenging for the hospital staff and administrators.



## The District

Buhera District consists mainly of 'Communal Land'. This means there is no title ownership of land, (except within designated growth points, Murambinda and Birchenough Bridge). Land use is governed through a system of traditional leaders and elected councillors. Buhera covers an area of 5,364 km<sup>2</sup>. The area suffers from very low rainfall, and a miniscule land area is under irrigation. Irregular rainfall leads to poor harvests and food shortages.

Through hard work and experience gained from previous periods of hardship, the population of Buhera has developed a remarkable capacity for survival. Poverty remains a great hindrance to the development of Buhera and its people. MMH, among others, aims to assist the community to overcome these hurdles.



## Message from the Chair

Thank you for your generous donations this year that have helped Murambinda Mission Hospital continue to serve the needs of vulnerable people. People like Ida

*Ida is a 30 year old woman from a village 50km away from Murambinda. She is HIV positive and is taking medication for this. She delivered twins at her local clinic but sadly the 2nd twin was stillborn. Her surviving baby Farai was referred to Murambinda Mission Hospital due to his low birth weight. Staff helped Ida to ensure that Farai got adequate feeds and gained weight.*

*Babies born to HIV positive mothers are at risk of becoming infected during delivery or via breast milk. This can be prevented if babies are given antiretroviral therapy in the first months of life.*

*Thanks to your donations Murambinda Mission Hospital is able to provide for people like Ida and her baby Farai. She could easily have been mourning the deaths of both her twins were it not for the hospital's care.*

In Western Europe we often take the survival of our children and access to health care for granted.

Your donations can help make this come true in rural Zimbabwe!

Please set up a Direct Debit. If you already have one please increase the amount.

Medecin Sans Frontières helped set up HIV services in the Hospital and surrounding clinics but is withdrawing this year leaving a big hole in finances and staff. Zimbabwe Government funding for the Hospital is also too low. Demands on FMH funds are increasing and this year we have not been able to fund all the requests made to us by the Hospital. Please do what you can to help.

Dr Mike Thompson

Chair of Friends of Murambinda Hospital





**Murambinda Mission Hospital Nurse Training School 2016**



**Murambinda Mission Hospital Outpatients Waiting Room 2016**

## Pharmacy and surgical supplies.

Murambinda Hospital Pharmacy department is going through a very tough phase in medicines procurement due to limited financial resources. The little the hospital is generating is distributed towards all the user departments like pharmacy, administration and settling utility bills. The government of Zimbabwe is struggling to reach a 100% target for all the vital, essential and necessary medicines. Their contribution during these harsh economic conditions are however very handy since the vital medicines are around 54%. The contributions are through the national pharmaceutical company (NatPharm) which provides mainly primary health care commodities for the clinics, thus making a vital foundation for any health facility in the country. However, as a hospital there is a long list of items that are not supplied through NatPharm or that are not fully supplied by NatPharm.

Murambinda hospital has always tried to go an extra mile through donations from its donor base by financing the department. The most affected areas of our therapeutic categories are the chronic medicines. These include anti-hypertensives, anti-diabetics, anti-asthmatics and anti-psychotics and recently anti-biotics (injectables)

In July the department got a financial donation from friends of Murambinda and procured some medicines through archdiocese of Harare to the tune of \$15,000. These commodities boosted our stocks and even had a positive impact on our stock status given that we had not procured anything for May and June period.

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept
Vital	61.4	67.9	66.5	62.1	72.1	64.3	67.1	64.3	56.6
Essential	48.9	57.8	53.3	53.3	64.4	46.7	55.6	60	60
Necessary	52.9	47.1	41.2	52.9	58.8	52.9	58.8	47.1	22.2

The table shows a spike in May then a decline in June followed by another spike in July then a gradual decline to date. The July spike is a result of the financial donation we got. That achievement came at a time we thought things were going to be worse but still the inevitable had to come hitting the worst low stock level of 56.6 % just 2% above the NatPharm stock level.

There has been a decline on pharmacy support from MSF over the year and that has also affected our stocks. We would like to thank FMH for the continued support

### **FRIENDS OF MURAMBINDA HOSPITAL FUNDING FEEDBACK FORM.**

**Application Title:** Pharmacy

**Name of main Applicant:** *Murambinda Hospital*

**Date Submitted:** May 2015.

**Date Approved:** May 2015.

**Approved by Hospital Executive?** *Yes.*

<b>INCOME</b>		
<b>DATE</b>	<b>Project Detail</b>	<b>Amount in US\$</b>
	Pharmacy	<b>14,749.20</b>
Total Income		
<b>Less EXPENDITURE</b>		
<b>Date</b>	<b>Details of expenditure</b>	<b>local currency US\$</b>
	Pharmacy supplies.	14,749.20
Balance		0.00

**FRIENDS OF MURAMBINDA HOSPITAL  
FUNDING FEEDBACK FORM.**

**Application Title:** TRAINING SCHOOL RENOVATION

**Name of main Applicant:** *Murambinda Hospital*

**Date Submitted:** 19/11/2015.      **Date Approved:** 21/11/2015

**Approved by Hospital Executive?** *Yes.*

<b>INCOME</b>			
<b>DATE</b>	<b>Project Detail</b>	<b>Equiv in US\$</b>	<b>Amount in£</b>
21/11/2015	Storeroom renovations	<b>1,839.00</b>	<b>1,210.00</b>
Total Income			
<b>Less EXPENDITURE</b>			
<b>Date</b>	<b>Details of expenditure</b>	<b>local currency US\$</b>	<b>Equiv in £</b>
	Storeroom renovations	2,595.00	
	Balance	<b>- 756.00</b>	

We are pleased to submit our progress report for the training school renovations project. The project has started but we have some challenges on the project. Our initial plan was to raise the walls of the existing storeroom to a height that will make a good room for office use. When we engaged our contractor and together with the Environmental department made an inspection of the foundation and discovered that the footing for the existing storeroom was not very strong to hold a bigger load and therefore they made a recommendation that we needed to destroy the extension of the storeroom down and build a new foundation.

We agreed to the recommendations and the walls have been destroyed and trenching of the new foundation has started. We are going to incur an extra cost for the new foundation and the walls which is about \$800.00.

We are kindly requesting FMH if funding permits to help us with the additional \$800 at the end of the project we would have constructed a structure that will last us for some years.

**CHIUNZE ART BUILDERS**  
1703 Murambinda Growth Point  
Murambinda  
Cell No. 0783 519 084

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**INVOICE**

Date .....

Description	Amount
1 Asbestos 8 feet x 12	244 00
2 Timber 114 x 30 x 6m x 15	120 00
3 Cement 30 x 10	300 00
4 Nails 4 inch x 6kg + 5 inch x 6kg	30 00
5 Ceiling boards, cover strip, branding	60 00
6 Reinforcement for foundation & ring beam 16mm x 6m x 110	80 00
7 Concrete stones 30 wheel barrows	90 00
8 River sand one load	40 00
9 Farm bricks 4000	180 00
10 Driving nails 1kg	10 00
11 Ting wire 3 rolls	9 00
12 Window frames burglar-barred	230 00
13 Brick force 230 x 9 rolls	27 00
14 Facia boards asbestos 3.6m x 3	45 00
15 Pit sand two loads	100 00
<b>Total</b>	<b>1565 00</b>

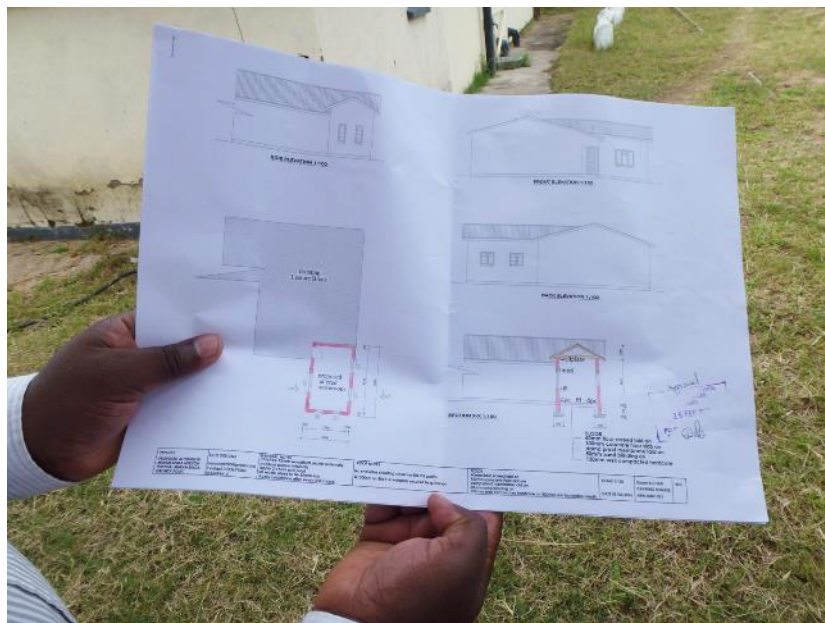
**Builders Labour & Job Description**

1. Demolishing the structure & rebuilding up to finishing
2. Total : \$1030.00

**Account Details**

C.B.Z. Chivhu Branch      Acc No. 02020489120031      Philipah Katondo

Signed .....



Architect's plans for Training School renovation March 2016.

## FMH visit to Murambinda.



The trustees of Friends of Murambinda Hospital try and visit the hospital from time to time to assess the health needs of the population of Buhera district and observe the impact of projects supported by the charity.

In March 2016 Dr Carolyn Rigby and Dr David Stableforth spent a busy week gathering information and pictures in Murambinda and the surrounding district. Dr Stableforth was also representing TB Alert.



Dr Carolyn Rigby with Sister Chauke



Dr David Stableforth and Catherine Mhlanga, District TB coordinator.

The doctors were given free access to all the departments at the hospital and accompanied a local team on unscheduled inspections of two rural clinics. They were impressed by the level of enthusiasm and dedication of all staff whilst noting the many deficiencies in laboratory materials, diagnostic equipment and drug supplies particularly following the withdrawal of MSF.

Of the many needs they noted supply of reagents and servicing of laboratory equipment and a spectacularly leaking washing machine stood out.



The successful TB diagnostic, treatment and follow up schemes in Buhera

district have been severely affected by the withdrawal of MSF financial support. Use of vital but expensive laboratory equipment is threatened by lack of reagents and equipment servicing contracts. Transport of specimens and test results provided by Riders for Health is also in danger of being lost. Community Health Care Workers are vital to TB case detection and treatment follow up in the community where affordable transport is limited.



A Rider for Health



Equipment threatened by lack of servicing



Community Health Care workers at Murwira Rural Health Centre

Encouraging signs were the presence of Zimbabwean doctors, the continuing dedication and resourcefulness of nursing staff, the success of the nurse training school and the inspirational Child and Adolescent Resource Centre supporting children with HIV.

## **FMH Expenditure 2015 -16**

### **Salary supplements for vital staff.**

The Friends of Murambinda Hospital has always recognized that retention of long serving and devoted staff is of paramount importance for the hospital but the charity is seeking to reduce this drain on its resources expecting that full governmental funding for salaries will become the normal.

#### **INCOME: 6.4.15-5.4.16**

BALANCE BROUGHT FORWARD	£	20,314.34
ONE OFF DONATIONS	£	31,692.00
STANDING ORDERS	£	18,049.00
GIFT AID	£	5,729.00
SHARE DIVIDEND	£	3,896.00
SALE OF SHARES	£	15,000.00
TOTAL NEW INCOME	£	74,366.00

#### **EXPENDITURE**

Salaries	£	58,751.00
TB Alert	£	1,500.00
Bank charges	£	80.00
Equipment servicing	£	5,838.00
Training school office	£	1,210.00
Pharmaceuticals	£	10,640.00
 TOTAL	 £	 78,831.00
 BALANCE AT YEAR END	 £	 15,849.34

## **Donors**

Our thanks goes out to each and every donor, from those who arranged sales, sacrificed presents, gave royalties or raised sponsor money. Every contribution large or small is much appreciated both from those listed below and those not mentioned.

All Saints Church, Gosforth  
 Rosemary Austen  
 Jack and Hanna Barker  
 Helen Belger and Malcolm Todd  
 Edward Berney  
 Bert Community  
 Mary Bielby  
 Alison and Bill Brichieri-Colombi  
 R Burridge  
 Nigel and Elaine Carden  
 Cheltenham Cleeve Vale Rotary Club  
 Prof. Douglas Chamberlain  
 Jonathan and Judith Clark  
 Clarkston Churches Together  
 Andrew Cole  
 Clare Connolly and Bob Cannell  
 Daniel Connolly  
 Emma Connolly – Edinburgh Marathon  
 John and Ann Connolly  
 Jim and Mary Connolly  
 Michael and Tessa Connolly  
 Matt and Fliss Connolly  
 C J Cooper  
 Phil and Ann Cudworth  
 Richard de Souza and & M Dunkley  
 Martin and Sue Dennis  
 Cordelia Ditton  
 Alison Dodds  
 Catriona and Sean Doran  
 Catherine and Stewart Falconer  
 Joan Fletcher  
 Richard and J Fortin  
 Alan Gardner

Margaret Gibson  
 Mark Goldberg  
 Vanessa Graham  
 Peter and Margery Grant  
 Haddington West Church  
 Margaret Hart and P Jennow  
 Judith Harvey  
 Joanna Haward  
 Jess Howard  
 Keith and Kathy Howard  
 Marion Howard and Richard Germain  
 Margaret, Dave and Lorna Hudson  
 David Jones  
 Antigoni Koukkouli  
 Nicholas and Sally Kuenssberg  
 John Lamont  
 Robert and J Last  
 Teresa Lawlor  
 William and Brenda Martin  
 Debbie and John Matthews  
 Alexander McCall Smith  
 Tracey McCulley  
 Peter Millar (Dorothy Millar Charitable Trust)  
 John and Rosemary Millard  
 Alistair Miller  
 John and Mary Miller  
 Gerry and S Miller  
 Marion Mitchell  
 Irmgard Munro  
 Anna Morrish  
 The Catholic Parish of Our Lady of Lourdes and St Swithun, Southsea  
 William and E O'Neill  
 Sylvia Pacitti  
 Mary Paris  
 Phoenix Fund of Zimbabwe  
 Dr Stephen Pope

Order of St Lazarus of Jerusalem Grand Balliewick of Scotland  
 Pollockshields C of S Guild  
 Julie and Malcolm Potter  
 Neil and Chris Pressick  
 Mr and Mrs J B Raper  
 Sunanda Ray & Farai Madzimbamuto  
 Martin Smith – London Marathon  
 Tim Rault-Smith  
 Richard and Caroline Rigby  
 Mrs Joan Rowan-Hamilton  
 Karsten and Brenda Saunders  
 Shawlands URC Monday Fellowship  
 Kirsten Scott and John Somner  
 Ann Shearer  
 Dr Peter Sheppard  
 John and J Slater  
 Brian Smith and Nicky Portergill  
 Marie Smith  
 St Alfege, Greenwich -concert  
 Audrey Steele  
 David and Penny Stableforth  
 David Stanley  
 Liz and Alan Stark  
 Stokesley Engineers  
 Cynthia Takundwa  
 The Tibden Trust  
 Madeline Thompson & Peter Newson  
 Micheline and Ted Thompson  
 Mike Thompson and Kay Shepherd  
 Michael and Brenda Thomson  
 Alison Totty  
 West Church, Edinburgh  
 Wolsingham Parish Church  
 Yarm School  
 Iain Yuill



## Trustees:

We have six trustees, Dr John Connolly, Mrs. Mary Miller, Dr Carolyn Rigby, Dr Michael Thomson, Dr Martin Dennis and Dr Michael Thompson. All the doctors have worked at Murambinda in the past. Mary Miller visits frequently to support the hospital, provide training in the Child and Adolescent Resource Centre and to supervise projects.

N.B. All money donated went to Murambinda Mission Hospital. The trustees bear all administrative costs themselves and give their time freely. No money is spent on fundraising, advertising or management.





## Gift Aid Declaration

Friends of Murambinda Hospital (Reg. Charity 1073978)

I [redacted] title [redacted]

of [redacted] (address)

[redacted] Postcode [redacted]

would like

Friends of Murambinda Mission Hospital to treat all donations I have made since 6 April 2000, and all donations

I make from the date of this declaration until I notify you otherwise, as Gift Aid donations. I will notify Friends of Murambinda Hospital if I no longer pay an amount of income tax equal to the tax reclaimed on my donations.

Signature [redacted]

Date [redacted]

Please return this half of completed form to

Dr. C Rigby, Treasurer,  
Friends of Murambinda Hospital  
East Park Cottage  
Hutton Lane  
Guisborough  
Cleveland TS14 8AA

Please cut-----

### BANKERS ORDER FORM

To the manager of my bank Date [redacted] / [redacted] / [redacted]

Name of my bank [redacted] Bank plc.

Address of my bank [redacted]  
[redacted] Postcode [redacted]

Please pay Friends of Murambinda account no. 40-52-40 00006100  
at Cafcash Ltd, Kings Hill, West Malling, Kent ME19 4TA

the sum of £ [redacted] every month/quarter/year\* \*delete as required

starting on [redacted] / [redacted] until further notice.

Please debit my account no. [redacted]

Name (capitals) [redacted]

Address [redacted]  
[redacted] Postcode [redacted]

Signed [redacted]

Please return this half of completed form to your bank



## Contact details

Dr Mike Thompson, Chair  
55 Wilbury Avenue,  
Hove BN3 6GH  
[f.m.h@live.co.uk](mailto:f.m.h@live.co.uk)

Dr Carolyn Rigby,  
Treasurer,  
East Park Cottage,  
Hutton Lane,  
Guisborough  
TS14 8AA

Donate whatever you can:

1. Online at [www.fmh.org.uk/donat.htm](http://www.fmh.org.uk/donat.htm)
2. By sending cheques payable to "Friends of Murambinda Hospital" to the treasurer at the address above
3. By filling in a standing order form above.
4. Text FMHG11£10 to 70070 to donate £10
5. Or if you have a non UK bank account please contact the treasurer for SWIFT and IBAN details.

Murambinda Mission Hospital is a beacon of good care. It is more reliant than ever on external funding due to conditions within Zimbabwe.

FMH relies entirely on donations to pay for the projects we are asked to fund.

All donations go to help projects at Murambinda; none is spent on administration.

All administrative costs are met by the trustees; we have no paid employees, no advertising or fund raising costs.