

Friends of Murambinda Hospital



UK Registered Charity 1073978



ANNUAL REPORT 2009-10

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Background

Murambinda Mission Hospital (MMH) is the Designated District Hospital for Buhera District in Manicaland Province, Zimbabwe. The Hospital was founded in 1968 by the Sisters of the Little Company of Mary, under the Catholic Church's Archdiocese of Harare. The Hospital carries out its mission to care for the poor by serving a population of almost 300,000 people in an area with a diameter of 200 kilometres.

This mission - to care for the poor - is as relevant in 2010 as it was in 1968, and it continues to be pursued with energy and dedication.

Geography & Resources

Buhera District consists mainly of 'Communal Land'. This means there is no title ownership of land, (except within designated growth points, Murambinda and Birchenough Bridge). Land use is governed through a system of traditional leaders and elected councillors. Buhera covers an area of 5,364 km². The area can be designated 'poor' in many ways:

- **Agriculturally:** 50% of the area is at low altitude with very low rainfall, and a miniscule land area is under irrigation. Irregular rainfall leads to poor harvests and food shortages.
- **Commercially:** 'Growth points' are centres that have been subsidized by the government to develop urban type residential areas, commercial enterprise and small industry. There are two 'growth points' in this area, but there are no major urban towns.
- **Industrially:** Dorowa Minerals – a phosphate mine – is the only sizable industry in the area, employing 300 persons.

Through hard work and experience gained from previous periods of hardship, the population of Buhera has developed a remarkable capacity for survival. Poverty remains a great hindrance to the development of Buhera. MMH, among others, aims to assist the community to overcome these hurdles.



Introduction

The Hospital

This year has brought mixed fortunes to Murambinda Mission Hospital. In the past the Zimbabwe Government met all running costs but nil was received from this source in 2009 other than salaries at a level below the poverty line.

Without your support to pay salaries the hospital would have been unable to continue its work.

On a positive note, the adoption of the US dollar and South African Rand ended hyperinflation and helped ease problems with planning and buying of supplies.

The cholera outbreak in Buhera abated in February 2009 with a total of 2367 cases and 72 deaths recorded, the majority amongst the Vapostori sect who do not accept medical treatment. In June, Dr Chirima left to pursue her career in Swaziland and Dr Nduw and Dr. Nyembo left after more than 4 years to work in Namibia where their oldest child Samuel will now have started school.

Providentially, Dr Mabaya and Dr Mwerenga, Zimbabwean junior doctors, were successfully recruited to assist Dr Monica Glenshaw who required prolonged sick leave.

Partnership

FMH has been conscious of the need to strengthen the ties between us and management at MMH.

We were delighted to have Sr. Barbara, the Matron, attend our trustees meeting in June 2009. In addition Mr Mudzi the Donor Secretary and Mr Manomano the TB Co-ordinator attended our December meeting during their two week training visit to the UK, jointly hosted by TB Alert and ourselves. In summer 2010 Mary Miller, one of our trustees, will be making a visit to support staff and monitor projects.

Donations and Charity Running Costs.

As ever we are entirely reliant on your donations. Standing Orders are most useful to help our planning- a form is available at the back of this report or you can donate at www.fmh.org.uk/donat.htm, where there is a secure online donations facility hosted by the Cooperative Bank that does not charge you or us any commission. As ever our administration, management and promotion costs are born by trustees and not taken from funds donated.

Thank you once again for your help and support over the past year.

Dr Mike Thompson, Chair FMH

Winter trip to the UK by MMH Donor Secretary

I would like to say thank you very much to Friends of Murambinda hospital for organising and funding my trip to UK.

First time to fly it was a frightening and exciting experience, we landed at Heathrow airport around 7:30PM, I could not believe it the lights were beautiful, it looked like it was during the day and the airport was very busy. We were met by Dr Millard who took us to his house where we received a warm welcome from her Wife.

On my first day in London, I was showed around the city, St Paul's Cathedral was a place I admired a lot we had lunch there. I attended the British Thoracic meeting on the second day where I enjoyed listening to the presentations including Murambinda TB program presentation done by Kirsten Scott and Mr. Manomano.

In Glasgow I received a warm welcome from the Millers; I still feel like I have a place I belong to in Glasgow. Mrs. Miller and I visited Edinburgh and we attended a parliament debate and had lunch with Sarah in the Ministers Dining room. We visited the Queen palace then Dr Michael Thomson took us to his house where we had super. It was nice meeting Dr Michael Thomson for the first time we had a nice time discussing about MMH. Mrs. Miller took me to Jeely Piece club where I had a chance to see how they run their projects. There I was given some accounting websites to visit when needing some help on accounting issues. My visit to Glasgow was concluded by an exciting meeting which I had to give a presentation on Murambinda Hospital. It was also nice meeting people who are supporting Murambinda Hospital and to learn how they raise funds.

In Carlisle I enjoyed my stay, thanks to Mr. Malcolm Todd and Dr Helen for the warm welcome, it was my first time to meet them but the welcome was too good and made me feel at home. Mr. Malcolm had arranged for a look and learn visit to Lynemouth community projects, there I had chance to sit in, in funding meetings and Board meeting. I also had a one on one session on entrepreneurship. We had a tour of the Newcastle City.

In Brighton Mr. Manomano and I visited TB Alert offices and had separate interviews and meetings with TB Alert Officials. We were showed around Brighton, we saw nice places there. We visited Portslade Health Centre where Dr Mike Thompson works and later visited his home. It was nice meeting Dr Mike Thompson for the first time and we really had a nice time talking about his old friends at Murambinda and about the hospital.

In Wimbledon , we had the FMH meeting as well it was nice meeting with the Trustees, I gave a report on Murambinda Hospital and I liked the set up for the meeting and the commitment which all the trustees showed at that meeting.

In brief UK trip was very helpful, I learnt a lot from the visits I did to several places mentioned above. I gained more confidence and composure through meeting with new people and discussing new things. The presentation I did in Scotland made me feel that I can do it. After UK trip, in March 2010 I attended one of the PSI- Zimbabwe (Population Service International) finance workshops in Harare where I made some big contributions and became best participant. I am still trying to put the knowledge and skills acquired in proposal and report writing. The good thing of all the things happened when I was in UK is that I am still in-touch with some of the people I met in UK.

I observed that people living in UK are business minded and you could see people reading or busy on computers in train, I did not see people making noise and chatting stories in public transport like we do in our Country, I learnt that sometimes we lose out on business because we concentrate too much on social life.

It was helpful to know and understand how FMH raises funds for Murambinda Hospital and that made me to understand how important it is to manage the funds. I have noticed that in some organisations they feel that Donor money is there to spend because they don't know the sacrifices and commitments that are put in raising the funds.

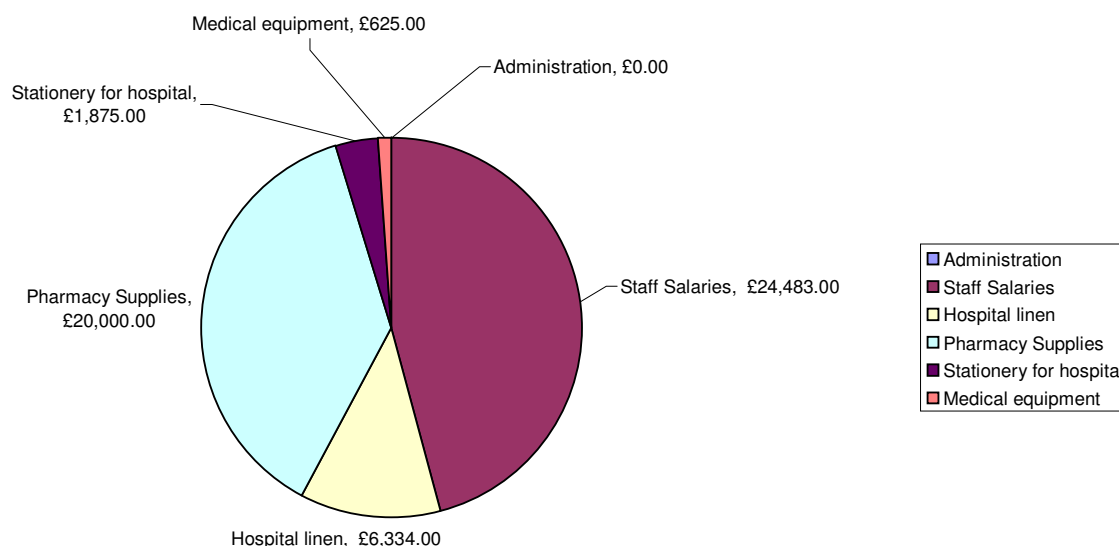
UK trip opened my eyes and my mind, and now I see and think differently. I would like to say thank you very much to Friends of Murambinda Hospital for organising and funding the trip.

Mr. Cephas Mudzi, Murambinda Mission Hospital Donor Secretary



FMH trustees & supporters with Emmanuel Manomano and Cephas Mudzi, December 2009

FMH Expenditure 2009-10



Staff Salary Supplements: £24,483 given by FMH

The formation of a coalition government of MDC with ZANU-PF, and the abandonment of the Zimbabwe dollar in favour of the US dollar, has led to a degree of economic stability. Prior to this many government employee's salaries had been worthless, leading to strikes and emigration. To try to reverse this and resuscitate the health service the government introduced a flat rate monthly allowance of 100US\$ for all health staff regardless of grade. Whilst this was better than the previous worthless millions of Zimbabwe dollar salaries it remained wholly inadequate.

Monthly Budget for the family of a Healthcare Worker at Murambinda.

Income

Salary from Government.....**100.00USD**

Expenditure

Food.....100USD

Electricity.....40USD

Water.....40USD

Accommodation.....10USD

School fees.....80USD

Total expenses..... (270.00USD)

Surplus/ (Deficit)..... (170.00USD)

This is a budget for basic commodities - no luxury is included and no clothing and the above expenses are based on minimum consumption.

Some European Union money to support more senior staff was paid irregularly through the Ministry of Health as Vital Health Support Payments.

In order to retain staff and keep the hospital running we made monthly payments to staff on a sliding scale e.g. £67 to Senior nurses, £33 to Staff nurses and £7 to General hands and Nurse Aides.

Mr. Mudzi, the Donor Funds Secretary, reports further below on the year's finances:

"Murambinda hospital is collecting on average 13,000USD per month from user fees, and for 2009 user fees were the only internal source of income, we did not get meaningful Government support towards running costs, and 800USD was received from Government for the whole year. We needed at least 30,000USD to run the hospital every month thus clearly tells that we depended heavily on donations.

Hospital Equipment: £625 given by FMH



The hospital beds do not have any back rests. Adjustable back rests not only improve the comfort of patients but can improve the outcome of many conditions such as pulmonary TB, pneumonia and heart failure. 1 back rest has arrived and 10 are on order.

FMH supplied a fetal Doppler monitor for the maternity department which no longer had any functioning doppler machines. These hand held devices allow the fetal heart rate to be heard and monitored and are extremely useful in helping to care for pregnant women.

Linen: £6334 given by FMH

"Murambinda hospital provides linen for all inpatients. Bed sheets, blankets, pyjamas for males and females. Murambinda hospital requires linen for theatre. Linen is changed and washed everyday to prevent cross infection, and because linen is washed everyday it does not last long.

Murambinda mission hospital has 120 beds with average bed occupancy rate of 80 % we sometimes put floor beds when all beds are occupied, we need linen for 120 beds and sometimes more which is changed almost on daily basis .

There is shortage of linen in the hospital, we are now using worn out linen, and Murambinda hospital hired a seamstress who repairs worn out linen but some material are not repairable because they are old. This project will help us to buy more linen and have replacement of old linen, it is difficult in the hospital wards to repeat linen because sometimes linen got soiled and need to be changed. In TB wards there is need to change linen for every TB patient and as well very necessary to change linen for every patient for cleanliness purposes and infection control purposes.



The hospital desperately needs to replace old linen. We have few usable male patient gowns and it is unfortunate that some patients are left with their clothes. There are no staff gowns and aprons and staffs are working with nothing covering their uniforms, staff put on white uniforms which easily get dirty and messed up if not protected. Nursing staffs in Zimbabwe wear white uniforms that need to be covered by an apron or gown to protect from spills and from

getting dirty quickly. The other reason we are asking for gowns is that, staffs do not have uniforms to change when they go on tea breaks and lunchtime so if their uniforms are exposed they can carry infection around and to their homes.



Hospital is looking for mattresses covers most of our hospital beds need mattresses covers, the foam rubber is still in good state but if used uncovered will soon be useless.

We are looking for Macintosh mattresses covers so that worn out mattresses covers are replaced and protect our mattresses from getting soiled up and mattresses could last longer.

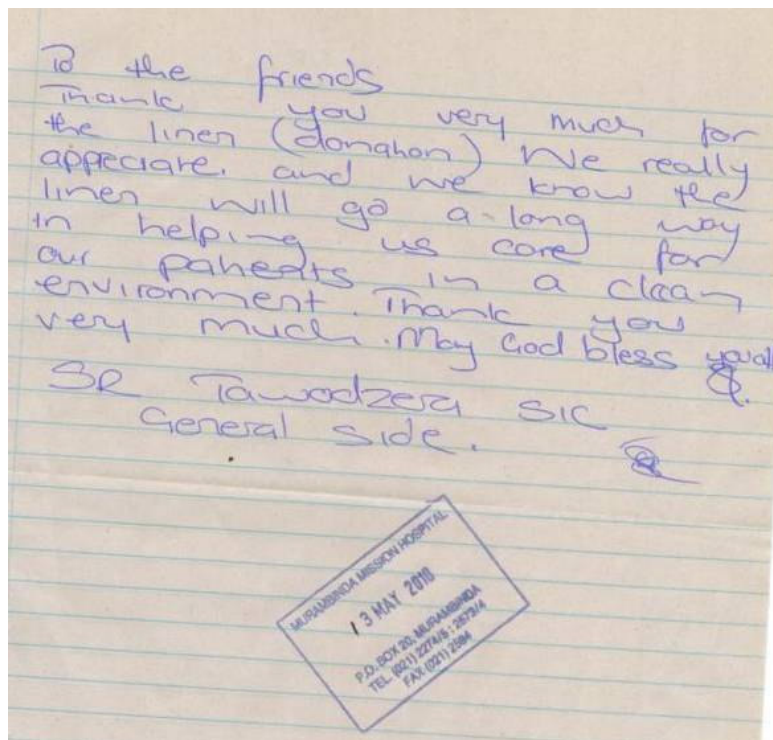


This project helped us with funds to buy mattresses covers, our mattresses are now in good state, easy to clean, the mattresses covers are water proof and protects the mattresses from getting soaked with fluids, this also gives a longer lifetime of the mattresses. With funds permitting we would like to buy more mattress covers because we did not get the quantity required because of the prices.



The linen project is in progress, we have hired a company based in Mutare (Pynstar Investments) to make patient dresses, it is the same company that did Staff aprons. Their prices are reasonable and the quality of work is excellent. Our nursing staffs are very happy with the aprons, we also saw the uniforms they did for Mutare Provincial Hospital and we were satisfied with their work. We have given them the order to do male and female patient dresses, and for blue and green material. They are expecting to

finish our order before end of May 2010 and final report will be submitted to FMH." Mr. Mudzi



"During the old good days in Zimbabwe hospitals used to get stationery from the Government. We could get stationery from Government printers all hospital in the country were registered and were paying a subscription to Government printers and get all stationery required to run the hospital."

Murambinda hospital requires stationery for Human resources records, producing hospital forms used in capturing patient details and for correspondences.

Murambinda School of Nursing used to charge a fee for stationery to students and could use that money to buy stationery for students, thus examination writing pads, ball pens, and bond paper but it is difficult to do that these days because students are paid very little. There used to be a supply of stationery from the Ministry of health including chalks, Bond paper, duplication paper, might markers etc but that stopped due to the financial problems our Government is facing

This was prepared using the exchange rate 1£: US1.6

Murambinda hospital had enough stationery throughout the year 2009 this was made possible through your support, we managed to make a trip to Botswana where bought our stationery in bulk and lasted us the whole year. We greatly appreciate your continued support."

[illegible]

Pharmacy supplies: £20,000 given by FMH

TO: FRIENDS OF MURAMBINDA

FROM: PHARMACY DEPARTMENT

DATE: 14/05/10

ON BEHALF OF THE PHARMACY STAFF I WOULD LIKE TO THANK YOU FOR YOUR SUPPORT. WITHOUT YOUR SUPPORT PHARMACY DEPARTMENT IS GOING TO CEASE.

YOUR SUPPORT DURING THESE DIFFICULT TIMES SHOWS YOUR COMMITMENT TO SEE THE DEPARTMENT RUNNING WITHOUT INTERRUPTIONS.

WE HAVE BECOME A SHINING BEACON IN THE PROVINCE AND ZIMBABWE AT LARGE BUT THE CREDIT GOES TO YOUR EFFORTS. WE THANK YOU FOR YOUR CONTINUOUS SUPPORT.

PHARMACY DEPARTMENT IS THE BIGGEST CONSUMER OF OUR ~~BUDGET~~ AND HOSPITAL BUDGET BUT IT IS THROUGH YOUR SUPPORT THAT WE ARE MANAGING A STOCK THAT IS ABOVE 75% OF THE 325 ITEMS WE STOCK.

WE HOPE YOU SHALL ALWAYS SUPPORT US.

BY F. MHLANGA (H.O.D. PHARMACY)

PHARMACY TECHNICIAN
MURAMBINDA MISSION HOSPITAL

2010-05-15

For most of the supplies Durbin, a UK based company, was the most cost effective solution. We placed a large order which arrived successfully and as a donation it was not liable for customs duties.

"Murambinda Mission Hospital is a non profit making institution relying on donations from well wishers for its day to day running. It is behind this background that it has become so popular for its good service to the nation. For the first quarter we have noted a significant increase in patients turn up due to patients coming from neighbouring districts that have no drugs.

The first quarter has seen a consumption of around US\$244 690 donor funds but due to an increase in number of patients this has failed to

push our stocks to the maximum. Most of the money was diverted to purchase some vital cholera drugs during the beginning of the year, Buhera was one of the most hit districts by cholera registering above 2000 cases."

Mr. Mhlanga Pharmacy Technician.

Donors

Once again we were amazed by the generosity of our donors this year. When Kirsten Scott married John they asked for donations to be given to FMH instead of wedding presents, and raised more than £800! Emmanuel Siess ran the Milton Keynes Half Marathon (his first time) for FMH and raised £215! Neil MacGregor took time off from relating the History of the World in 100 Objects to write us a large cheque! The Prime Minister of Zimbabwe donated £1,000 fee for a media interview he had given! Anna Gmiterek gave us £65 for Teresa Lawlor's 65th birthday! Keira Speirs gave us £2.50 from her piggy bank!

Behind every name below there is an interesting and heart-warming story. We are very grateful to all those who have made a donation in the last year, including the following:

A & P Cudworth A E Bell Alexander McCall Smith A Verrill A Vzochukure A Watson Anne Weatherhead A&D Dodds A&S Michelotti A&W Brichieri-Colombi Alice Rigby All Saints, Gosforth Ann Bowie Annie McKay B Lodge B. Laine Helen Belger/ Malcolm Todd Betty & Iain Dunn Bowers WA&E Watson Bob & Mary Paris Catherine Sherwood C Takundwa C&J James Carmel Lavelle Cathie Hewitt Charities Trust Charity choice Cheltenham Rotary Club Chris Mullin MP Clare Connolly Church of Scotland Guild Cordelia Ditton Derek & Helen Pope David & Isabel Reid D A Chamberlain D E Hays D Hobson D Levene D&E Evans E & M Thompson Eric & Patti Lomax Ann Lyall E Lockhart Emmanuel Siess F Hasler EFJ Thompson FA Steele	G & S Milne G Harverson G&M Wells Anna Gmiterek / Teresa Lawlor Harpenden Beavers Harvest Festival-Wolsingham Helen Whyte Howard & Germain I D Hobson Irmgard Monro I MacCormick Ina Lochhead Iona Community Family Group Isabel & Carol Sharp Jo & Birkin Haward J & C Patterson J & J Slater J & M Miller J & M Potter J Fletcher J Gedge J Harvey J Matthews J Raimondo J Yuill J&A Connolly J&M Connolly John & Carol Cooper J&E Irving John & Heather Burleigh Jeely Piece Club Jennie Struthers & family K & B Saunders K Edge& B Renwick K Howard Keira Speirs Kirsten Scott's wedding L&D Walter- the Final Commission Louise Coidan Colin Williams M & T Connolly Mary Anderson Maggie Hart & Peter Jennow M J Dennis M MacTaggart M Thompson	M&T Connolly Marion Mitchell Margaret & Peter Hahn Mary Smith Mgt Thompson Morgan Tsvangirai N Carden Nick Kuenssberg Neil MacGregor N Ormesby Primary N Pressick Nunthorpe Players O Newson P Hynes P Sheppard P Waffelaert P Watson P&M Dunt Pere Waffelaert Pope & Crawford PW Sheppard R & C Rigby R & J Last R Burridge R Millard R Roberts and E Brierley R Shah R Stott R Winslade Raymond & Annette Cowie Rockfield School S & C Doran S Brierley Scotland-Zimbabwe Group Shawlands URC Smiths St Gabriel's Overseas Group St John's Harpenden St Peters RC Church St Warburgh's Surgery T Elias T Rault-Smith Three Course Theatre Tibden trust W & E O Neil W Johnstone W Martin Wolsingham PC Woodside Surgery Yarm School
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FINANCIAL REPORT 6.4.09-5.4.10

<u>BALANCE BROUGHT FORWARD</u>	£	23,239
<u>INCOME</u>	£	59,358

Standing orders	£	13,861
Interest	£	34
Reclaimed tax	£	10,008
Other donations	£	35,455

PROJECTS FUNDED

Salaries	£	24,483
Pharmacy supplies	£	20,000
Stationery	£	1,875
Linen	£	6,334
Back rests	£	625

<u>EXPENDITURE</u>	£	53,317
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<u>BALANCE AT YEAR END</u>	£	29,279
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N.B. Apart from £41.00 bank charges, every penny donated went to Murambinda Mission Hospital. The trustees bear all administrative costs themselves and give their time freely.

Trustees:

We have five trustees, Dr John Connolly, Mrs. Mary Miller, Dr Carolyn Rigby, Dr Michael Thomson, and Dr Michael Thompson. All have worked at Murambinda in the past.

Gift Aid Declaration

Friends of Murambinda Hospital (Reg Charity 1073978)

I title

of (address)

I
Postcode

I would like Friends of Murambinda Mission Hospital to treat all donations I have made since 6 April 2000, and all donations I make from the date of this declaration until I notify you otherwise, as Gift Aid donations. I will notify Friends of Murambinda Hospital if I no longer pay an amount of income tax equal to the tax reclaimed on my donations.

Signature

Date

Please return this half of completed form to

Dr C Rigby, Treasurer,
Friends of Murambinda Hospital
East Park Cottage
Hutton Lane
Guisborough
Cleveland TS14 8AA

Please cut-----

BANKERS ORDER FORM

To the manager of my bank Date / /

Name of my bank Bank plc

Address of my bank
Postcode

Please pay Friends of Murambinda account no. 40-52-40 00006100
at Cafcash Ltd, Kings Hill, West Malling, Kent ME19 4TA

the sum of every month/quarter/year* *delete as required

starting on / / until further notice.

Please debit my account no.

Name (capitals)

Address
Postcode

Signed

Please return this half of completed form to your bank

Donate!

- Online at www.fmh.org.uk/donat.htm
- by sending cheques payable to "Friends of Murambinda Hospital" to the treasurer at the address above
- by filling in a standing order form on previous page.
- Or if you have a non UK bank account please contact the treasurer for SWIFT and IBAN details.

Fundraise!

If you would like to organise a fundraising event we are happy to provide publicity materials including leaflets, a small exhibition and Powerpoint presentation, and perhaps a speaker. Please contact the Chair; details above.

- Murambinda Mission Hospital is a beacon of good care. It is more reliant than ever on external funding due to conditions within Zimbabwe.
- FMH relies entirely on donations to pay for the projects we are asked to fund.
- All donations go to help projects at Murambinda, none on administration.
- All administrative costs are met by the trustees; we have no paid employees, no advertising or fund raising costs.

The Treasurer	East Park Cottage, Hutton Lane, Guisborough TS14 8AA	carolynrigby@doctors.org.uk
The Chair	55 Wilbury Avenue, Hove BN3 6GH	f.m.h@live.co.uk

