

Friends of Murambinda Hospital



UK Registered Charity 1073978



ANNUAL REPORT 2016-17

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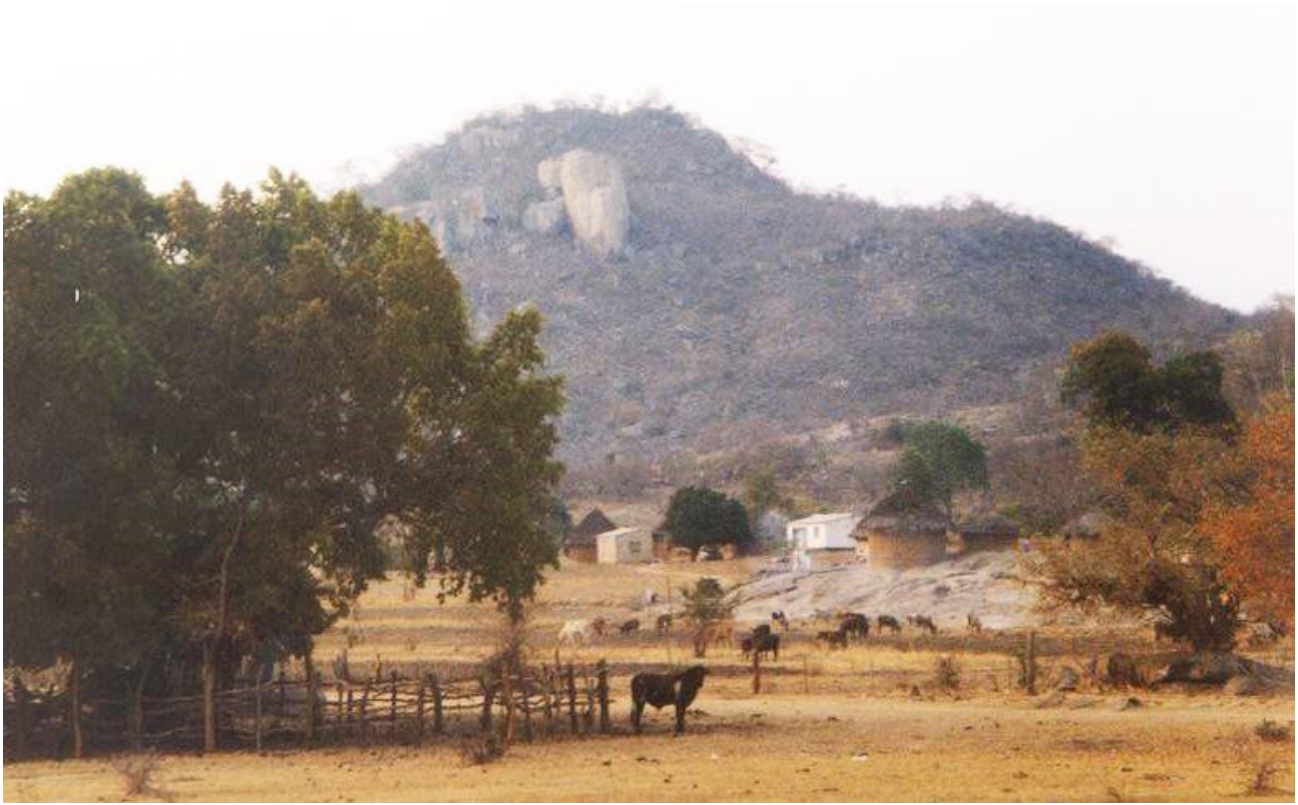
The Hospital

Murambinda Mission Hospital (MMH) is the Designated District Hospital for Buhera District in Manicaland Province, Zimbabwe. The Hospital was founded in 1968 by the Sisters of the Little Company of Mary, under the Catholic Church's Archdiocese of Harare. The Hospital carries out its mission to care for the poor by serving a population of around 300,000 people in an area with a diameter of 200 kilometres.

The hospital has entered a new phase of caring for the people of Buhera led by dedicated Zimbabwean staff including Sisters of the Little Company of Mary.

Previous innovations and co-operation with all willing parties to realize the task of making the health services for the people of Buhera better and to be a "Pool of Healing" and care for the poor continues to be pursued with energy and dedication by the current staff of the hospital.

Many of the innovations in the last 10 years have been in partnership with Medicine sans Frontières particularly in the fight against AIDS. The withdrawal of funding and support by MSF for these initiatives has been challenging for the hospital staff and administrators.



The District

Buhera District consists mainly of 'Communal Land'. This means there is no title ownership of land, (except within designated growth points, Murambinda and Birchenough Bridge). Land use is governed through a system of traditional leaders and elected councillors. Buhera covers an area of 5,364 km². The area suffers from very low rainfall, and a miniscule land area is under irrigation. Irregular rainfall leads to poor harvests and food shortages.

Through hard work and experience gained from previous periods of hardship, the population of Buhera has developed a remarkable capacity for survival. Poverty remains a great hindrance to the development of Buhera and its people. MMH, among others, aims to assist the community to overcome these hurdles.



Message from the Chair

FMH prides itself on working in partnership with Murambinda Mission Hospital and on personal relationships to enable monitoring of how donations are spent and priorities for funding set.

This year the trustees personally funded a visit to the UK by Mr Kefas Mudzi, Murambinda Mission Hospital's Donor Secretary to coincide with a visit by Sister Silindiwe the matron to the sisters of the Little Company of Mary in Dublin and England. This allowed both;

1. to attend a trustees meeting,
2. spend time with trustees,
3. lead fundraising events,
4. visit UK health facilities.

Once again support for funding of staff was the major part of our donations. However, in accordance with the hospital 5 year strategic plan, and due to our own lack of income to sustain the current level of funding in the medium term, we are gradually reducing our support of this area.

To improve sustainability, we invested in irrigation and measures to increase the productivity of the hospital kitchen garden.

We paid for servicing of vital laboratory equipment and the anaesthetic machine.

We have funded 2 oxygen concentrators to improve the reliability of supply of therapeutic oxygen and reduce running costs of oxygen cylinders.



We have funded a maternity cupboard repair, 10 screens to improve patient privacy, 4 maternity trolleys, 2 vital signs monitors, 2 nebulisers, 10 bed pans, 5 urinal bottles.

Thanks to your donations, Murambinda Mission Hospital's skilled and dedicated staff are empowered to do great good, the more you give the more they can do!

Dr Mike Thompson
Chair of Friends of Murambinda Hospital

Visit to UK by Sister Silindiwe and Mr Mudzi.

In April 2017 the Friends of Murambinda Hospital invited the hospital's matron, Sister Silindiwe and the Donor Secretary, Mr Kefas Mudzi to the United Kingdom to meet supporters, tour medical establishments and speak at meetings.

They completed a busy tour providing much useful information on the functioning and problems of the hospital for the trustees and spoke eloquently at a fund raising gathering in Glasgow. In addition they visited a hospital unit in Newcastle and experienced the delights of the North Sea in East Lothian.



Mr Mudzi is welcomed by Mary Miller



St Abbs Head, Berwickshire.



Visiting Newcastle with Matthew Anderson

Images from Sister Silindiwe and Mr Mudzi's presentation at Pollockshields Church, Glasgow.



Kangaroo care in the maternity ward



The School of Midwifery



A ward round



A welcome replacement laundry machine



Health education in OPD



New wheelchairs at last.

Funding applications supported

Murambinda Mission Hospital

Box 20

Murambinda

Tel; 263-21-2274/5 Fax 263-21-2274/5

Date: 14 October 2016

Project Title; Servicing of Hospital Equipment.

The majority of health facilities in low-income countries face significant challenges with medical equipment and lack what they require to diagnose, treat and monitor their patients as a result it affects the whole health delivery system. Murambinda Mission Hospital is one of the fortunate hospitals to have partners and donors who have continued supporting the hospital with medical equipment.

Murambinda Mission Hospital has a well-equipped laboratory and is able to do various tests that help in diagnosis and treatment of patients. The hospital benefited a lot from the working partnership with MSF, it has also benefited from donations from FMH, SVMH and ZCBC, Misan Cara to mention a few.

Hospitals in low-income countries frequently report the poor state of medical equipment as being a key challenge they face in delivering services. Most hospitals have equipment but some are out of use and some have problems and continuously breaking down and thus affecting operations.

PROBLEM STATEMENT.

Murambinda Hospital has different types of equipment but some equipment is out of use because of lack of services. We realized that our budgets from previous years had no vote for servicing of equipment and sometimes we would wait until the machine breaks down and we will repair which is very costly. MSF also helped us with servicing of all laboratory machines but that responsibility fell back on Murambinda Hospital after MSF exit.

We have increased our user fees collection from \$18,000 to \$25,000 per month but this money is mainly used for utilities and some running costs fuel, pharmacy but barely covers all running costs.

We are kindly requesting for money to cater for services of our laboratory and theatre machines.

BACKGROUND

Lack of services on machines and equipment affects their efficiency and at the end affect the output quality. Diagnostic equipment require good service so that they are kept in a good state to produce good results because false result will lead to poor diagnosis and wrong treatment which may be harmful to the patient.

All life support equipment and machines should also be kept in good state to avoid breakdowns that may put our patients' lives on danger.

The WHO estimates that between 50 and 80% of medical equipment is out of service in low-income countries this is mainly because of lack of services.

Lack of services on equipment reduces the life span hence very expensive to replace the equipment.

Why is this project important?

This project will help us to maintain our equipment in good state and increase their life span.

We also want to promote accuracy in diagnosis this is possible when equipment or machines are maintained in a good state and produce correct results.

We have the qualified nursing staff and Medical doctors and having adequate functioning medical equipment will increase monitoring and care of the patients and reduce mortality rate in the hospital.

Thank you very much for the continued support.

PROJECT COST.

Budget item		Total
Service of Keylab Analyser	6 months service	\$2,194.00
Service of Hematology Analyser	6 months service	\$2,090.00
Anaesthetic machine	6 months service	\$ 800.00
TOTAL		\$5,084.00

Application passed by: Hospital Management Board.

Application submitted: 14 October 2016

Murambinda Mission Hospital
Box 20
Murambinda
Tel; 263-21-2274/5 Fax 263-21-2274/5
Date: 14 October 2016
Project Title; HOSPITAL FURNITURE AND EQUIPMENT.



Murambinda Mission hospital requires furniture and medical equipment. Furniture is required for patient rooms to enhance patient experience and comfort, but also promote a safe and healthy environment. Medical equipment designed to aid in the [diagnosis](#), monitoring or treatment of [medical conditions](#).

There are several basic types of medical equipment.

- [Diagnostic](#) equipment includes [medical imaging](#) machines, used to aid in diagnosis. Examples are [ultrasound](#) and [MRI](#) machines, [PET](#) and [CT](#) scanners, and [x-ray machines](#).
- Treatment equipment includes [infusion pumps](#), medical [lasers](#) and [LASIK](#) surgical machines.
- [Life support](#) equipment is used to *maintain* a patient's bodily function. This includes [medical ventilators](#), [anaesthetic machines](#), [heart-lung machines](#), [ECMO](#), and [dialysis machines](#).
- [Medical monitors](#) allow medical staff to measure a patient's medical state. Monitors may measure patient vital signs and other parameters including [ECG](#), [EEG](#), and [blood pressure](#).
- Medical laboratory equipment automates or helps analyze [blood](#), [urine](#), [genes](#), and [dissolved gases](#) in the blood.

Murambinda hospital is looking for money to buy some essential medical equipment and hospital furniture.

Assessment made by heads of department revealed that the hospital is running without some essential medical equipment and in some cases with very limited resources and that affects the healthy delivery system.

BACKGROUND.

Oxygen concentrators – Whilst the cost of buying oxygen has gone up we have also faced challenges of shortages of the product. The hospital currently has 1 oxygen concentrator which is working perfect but not enough to cover the whole hospital. We are looking for money to buy more oxygen concentrators at least to have one in each ward it will help to reduce the cost of buying oxygen. We also face problems with oxygen gauges but if we are using oxygen concentrators we do not need oxygen gauges. We can reduce the running costs on oxygen when we have adequate oxygen concentrator.

The hospital also requires Medical monitors to help in monitoring the medical state of patients these include

- BP machines
- Vital signs monitor.

Maternity labour ward has 4 cubic and in each cubic there is need to have a proper delivery trolley but currently there is only one delivery trolley for the whole labour ward and it is difficult to manage with one trolley especially when all the 4 cubic are occupied.

We have realized that there is need for fixed screens in the wards because the movable continue to give problems they break and the wheels continuously need replacement because of wear and tear. The fixed will last longer we will only need to change the curtains.

General side which include Male, Children and Female side require furniture for patients and nursing staff, there are no chairs in these wards. We are kindly requesting for fund to buy chairs for these wards.

Murambinda experiences very high temperatures and these temperatures are not good for some of our pharmacy stocks which are recommended to be stored in a cool dry place. Again these temperatures are not favorable for learning environment. The Training school is requesting for overhead fans to be installed in the classrooms this will improve the learning environment for our nursing students. Pharmacy department is requesting for overhead fans in the storerooms.

There is increased workload in the pharmacy department, the department has two main dispensing points and both points are under staffed after 2 dispensary assistants had their contract ended following MSF exit. Pre packing of medicines takes long and that increase patient waiting time. Manual counting besides being slow it has its short falls in terms of accuracy. The department is requesting for a pill counting machine.

Labour Ward cupboards



Delivery trolley



PROBLEM STATEMENT.

Our departments have reported shortages of medical equipment and furniture in their departments that is affecting their day to day operations. Murambinda hospital collects on average \$25,000 per month this is used up on utilities and some of the running costs and leaving us without any extra money to buy medical equipment.

We are kindly requesting FMH to help us with funds to buy hospital furniture and equipment.

Why is this project important?

This project will help us to procure the needed furniture and that will promote a safe and healthy environment for our patients.

A hospital would not be a hospital without the proper equipment. They would simply be rooms with sick or hurt people. It is important to make sure medical equipment is available and working up to par to produce best results and enhance treatment and care of patients.

PROJECT COST.

Budget item	Quantity	Unit price	Total
Chairs	15	70.00	\$1,050.00
Oxygen concentrator	4	2,300	9,200.00
Screens non movable	10	195.00	1,950.00
Labour ward cupboards	repair	700.00	700.00
Coat beds adult	10	395.00	3,950.00
Vital monitor movable	5	680.00	3,400.00
Delivery trolleys	4	185.00	740.00
Suction machine with battery	2	950.00	1,900.00
Nebulisers with chamber	3	150.00	450.00
Bed pan	10	55	550.00
Urinal	5	40	200.00
Tablet counting machine	1	6,000.00	6,000.00
Overhead fans	10	100	1,000.00
TOTAL			\$31,090.00

Application passed by: Hospital Management Board.

Application submitted: 14 October 2016.

FMH Expenditure 2016 -17

Salary supplements for vital staff.

The Friends of Murambinda Hospital has always recognized that retention of long serving and devoted staff is of paramount importance for the hospital but the charity recognizes that this prevents its resources being used to improve drug supplies, support structural improvements and encourage good governance.

INCOME: 6.4.16-5.4.17

Balance brought forward	£	15,849.14
One off donations	£	27,441.29
Standing orders	£	17,729.00
Gift Aid	£	5,685.50
Share dividends	£	2,403.44
Sale of shares	£	35,000.00
Total new income	£	88,259.23

EXPENDITURE

Salaries	£	58,908.00
New equipment	£	8,420.00
Bank charges	£	110.00
Equipment servicing	£	4,115.00
Garden	£	4,160.00
Mr Mudzi's visit	£	1,633.56

TOTAL	£	77,346.56
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Balance at year end	£	26,761.81
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Donors



Dr Kevin Jones from the Hospitalier Order of St Lazarus took part in the Great North Marathon.



Catriona Doran's birthday party

Our thanks goes out to each and every donor, from those who arranged sales, sacrificed presents, gave royalties or raised sponsor money. Every contribution large or small is much appreciated both from those listed below and those not mentioned.

All Saints Church, Gosworth
Rosemary Austen
Jack and Hannah Barker
Helen Belger
Bert Community
Alison & Bill Brichieri-Colombi
Douglas & Elizabeth Briggs
John & Gail Brown
R Burridge
Nigel & Elaine Carden
Cheltenham Cleeve Vale Rotary Club
Cottesmore St Mary Catholic Primary School
Prof. Douglas Chamberlain
Jonathan & Judith Clark
Clare Connolly & Bob Cannell
Emma Connolly
Daniel Connolly
John & Ann Connolly
Jim & Mary Connolly
Tom Connolly
C & J Cooper
Phil & Ann Cudworth
Richard de Souza & M Dunkley
Martin & Sue Dennis
Catriona & Sean Doran
Catherine & Stewart Falconer
Richard & J Fortin
Alan Gardner
Mark Goldberg
Margaret Gibson
Vanessa Graham

Peter & Margery Grant
Margaret & Peter Hahn
Judith Harvey
Joanna Haward
Keith & Kathy Howard
Marion Howard & Richard Germain
Margaret, Dave & Lorna Hudson
David Jones
Kevin Jones
Mary Kelly
Nicholas & Sally Kuenssberg
Robert & J Last
Teresa Lawlor
Patti Lomax
Ann Lyall
Debbie & John Matthews
Alexander McCall Smith
Tracey McCully
Neil McGregor
The Peter & Dorothy Millar Charitable Trust
John & Rosemary Millard
John & Mary Miller
Gerry and S Milne
Marion Mitchell
Irmgard Monro
The Catholic Parish of Our Lady Of Lourdes and St Swithin, Southsea
William & E O'Neill
Mary Paris

Order of St Lazarus of Jerusalem
Grand Bailliewick of Scotland
Dr Stephen Pope
Julie & Malcolm Potter
Sunanda Ray & Farai Madzimbamuto
Mr & Mrs J B Raper
Richard & Carolyn Rigby
Mrs Joan Rowan-Hamilton
Parish of the Sacred Heart, Hove
Karsten & Brenda Saunders
Ann Shearer
Dr Peter Sheppard
John & J Slater
Brian Smith & Nicky Portergill
Marie Smith
Concert at St Alfege, Greenwich
Audrey Steele
David & Penny Stableforth
David Stanley
Liz & Alan Stark
Cynthia Takundwa
The Tibden Trust
Michael & Brenda Thomson
Micheline & Ted Thompson
Mike Thompson & Kay Shepherd
Alison Totty
Rubi Vijayakumar
Haddington West Church
Wolsingham Parish Church
Yarm School
Iain Yuill

Particular thanks to; Tom Connolly for his Ironman Triathlon; Carol singers in Wolsingham and Guisborough; Mary Miller on her significant birthday; John Miller's parishioners on his retirement; Helen Belger's coffee morning as a tribute to Malcolm Todd; Cottesmore Catholic Primary School children; John and Gail Brown on their marriage.

Trustees

We have five trustees, Dr John Connolly, Mrs. Mary Miller, Dr Carolyn Rigby, Dr Michael Thomson, and Dr Michael Thompson. All the doctors have worked at Murambinda Hospital in the past. Mary Miller visits frequently to support the hospital, provide training in the Child and Adolescent Resource Centre and to supervise projects.

N.B. All money donated went to Murambinda Mission Hospital. The trustees bear all administrative costs themselves and give their time freely. No money is spent on fundraising, advertising or management.



Gift Aid Declaration

Friends of Murambinda Hospital (Reg. Charity 1073978)

I [redacted] title [redacted]

of [redacted] (address)

[redacted] Postcode [redacted]

would like

Friends of Murambinda Mission Hospital to treat all donations I have made since 6 April 2000, and all donations

I make from the date of this declaration until I notify you otherwise, as Gift Aid donations. I will notify Friends of Murambinda Hospital if I no longer pay an amount of income tax equal to the tax reclaimed on my donations.

Signature [redacted]

Date [redacted]

Please return this half of completed form to

Dr. C Rigby, Treasurer,
Friends of Murambinda Hospital
East Park Cottage
Hutton Lane
Guisborough
Cleveland TS14 8AA

Please cut-----

BANKERS ORDER FORM

To the manager of my bank Date [redacted] / [redacted] / [redacted]

Name of my bank [redacted] Bank plc.

Address of my bank [redacted]
[redacted] Postcode [redacted]

Please pay Friends of Murambinda account no. 40-52-40 00006100
at Cafcash Ltd, Kings Hill, West Malling, Kent ME19 4TA

the sum of £ [redacted] every [redacted] month/quarter/year* *delete as required

starting on [redacted] / [redacted] / [redacted] until further notice.

Please debit my account no. [redacted]

Name (capitals) [redacted]

Address [redacted]
[redacted] Postcode [redacted]



Contact details

Dr Mike Thompson, Chair
55 Wilbury Avenue,
Hove BN3 6GH
f.m.h@live.co.uk

Dr Carolyn Rigby,
Treasurer,
East Park Cottage,
Hutton Lane,
Guisborough
TS14 8AA

Donate whatever you can:

1. Online at www.fmh.org.uk/donat.htm
2. By sending cheques payable to "Friends of Murambinda Hospital" to the treasurer at the address above
3. By filling in a standing order form above.
4. Text FMHG11£10 to 70070 to donate £10
5. Or if you have a non UK bank account please contact the treasurer for SWIFT and IBAN details.

Murambinda Mission Hospital is a beacon of good care. It is more reliant than ever on external funding due to conditions within Zimbabwe.

FMH relies entirely on donations to pay for the projects we are asked to fund.

All donations go to help projects at Murambinda; none is spent on administration.

All administrative costs are met by the trustees; we have no paid employees, no advertising or fund raising costs.