

Friends of Murambinda Hospital



UK Registered Charity 1073978



Murambinda Growth Point

Image by Helen Belger

ANNUAL REPORT 2017-18

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The Hospital

Murambinda Mission Hospital (MMH) is the Designated District Hospital for Buhera District in Manicaland Province, Zimbabwe. The Hospital was founded in 1968 by the Sisters of the Little Company of Mary (LCM), under the Catholic Church's Archdiocese of Harare. The Hospital carries out its mission to care for the poor by serving a population of around 300,000 people in an area with a diameter of 200 kilometres.

The hospital is led by Sr Mary the Hospital Executive Manager and Sr Silindiwe Shamu the Matron, both of LCM and Dr Shelton Kwiri as District Medical Officer and Acting Medical Superintendent. They are supported by a Board of Trustees and Hospital Executive Committee. The aim of improving the health services for all the people of Buhera and to be a "Pool of Healing" continues to be pursued with energy and dedication.

Many of the innovations in the last 10 years have been in partnership with Medicine sans Frontières particularly in the fight against AIDS. The hospital has risen well to the challenge of the withdrawal of funding and support by MSF for these initiatives.



Murambinda Growth Point

Image by Helen Belger

The District

Buhera District consists mainly of 'Communal Land'. This means there is no title ownership of land, (except within designated growth points, Murambinda and Birchenough Bridge). Land use is governed through a system of traditional leaders and elected councillors. Buhera covers an area of 5,364 km². The area suffers from very low rainfall, and a miniscule land area is under irrigation. Irregular rainfall leads to poor harvests and food shortages.

Through hard work and experience gained from previous periods of hardship, the population of Buhera has developed a remarkable capacity for survival. Poverty remains a great hindrance to the development of Buhera and its people. MMH, among others, aims to assist the community to overcome these hurdles.



Images by Catriona Doran



Message from the Chair

Hope, help and realism

Hope abounds in Zimbabwe following the momentous events in Harare in November. The new President is talking of a new start and national elections are expected in July. After years of hardship the people's hope is tempered with realism. Everyone is waiting to see what happens; to borrow the suffragette's slogan "Deeds not Words!"

As far as the hospital is concerned little has changed so far; it is under great pressure due to gross under funding, and lamentable understaffing. There are however some signs of improvement with the Government funding 20 additional nurse posts in the last year and some improvements in availability of medicines from NatPharm the national pharmaceutical supplier. There have also been fewer power cuts so less reliance on diesel generators at the hospital. Solar panels have also helped reduce reliance on grid electricity.



Image by Helen Belger

Your money continues to pay for 5 additional members of staff and pays supplements to a further 117 to help staff retention and stability. We are gradually reducing these supplements in line with the hospital strategic plan to be able to put more into other areas such as medicines.

We like to support down to earth projects. This year we were able to fit and supply a workshop for repairs and maintenance of the hospital. Benjamin Tirivanhu, one of the pillars of the hospital since the 1970s has great ability to fix anything. He now has new tools and space to do it. He is also training Mr Chabhanga as his assistant. The funds for this were donated by Dr Helen Belger in memory of her late husband our beloved, much missed former trustee who worked at Murambinda from 1985 to 1987. Helen visited the hospital in December 2017 and provided us with useful feedback and photos of projects you have funded.

The lives of people living with HIV have been transformed by advances in treatment but there remains great numbers of children and adolescents living with stigma, social exclusion, and emotional trauma as a result of their own infection or of deaths in their families. This year some of your generous donations went to the Child and Adolescent Resource Centre (CARC) at Murambinda who do amazing work for this group, transforming lives as you will read later in this report. Each year we have to say no to many requests for grants because we have insufficient funds. We do well getting donations from individuals, (please give more if you can!) but not from institutions.

We need someone to help us access funds from trusts and foundations. No experience needed, but time is required to search online and look through the Directory of Grant Awarding Bodies. Please contact me if you can help or know someone who could.

Thank you for your generosity.
Dr Mike Thompson

Funding applications supported



Image by Helen Belger

FRIENDS OF MURAMBINDA HOSPITAL FUNDING FEEDBACK FORM.

Application Title: WORKSHOP

Name of main Applicant: *Murambinda Mission Hospital*

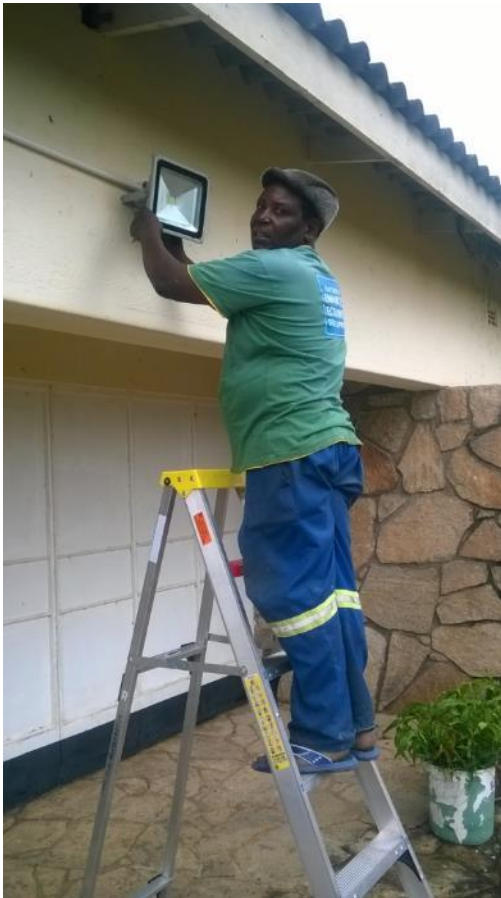
Date Submitted: April 2017. **Date Approved:** 01 April 2017.

Approved by Hospital Executive? *Yes.*

INCOME		
DATE	Project Detail	Amount in US\$
	Workshop renovation and equipping	1,099.00
Total Income		
Less EXPENDITURE		
Date	Details of expenditure	local currency US\$
	Workshop tools	988.55
Balance		110.45

On day to day operations Murambinda Mission Hospital uses equipment and machinery. There is a cost incurred to keep these equipment and machines up and running thus repairs and maintenance costs. It was noted that these costs have been increasing hence need to reduce these costs and keeping the equipment and machinery in good state. The hospital used to contract private companies to do repairs and maintenance even for minor repairs which was very expensive for the hospital.

The hospital identified and set up a maintenance team, personnel identified were trained to do basic maintenance work but required some tools to use. We would like to thank FMH, for giving us some funds to procure workshop tools. We have now set up a workshop which is well equipped. We are now able to do some maintenance work on our own and that has reduced the costs of repairs and maintenance.



Left: Mr Benjamin Tirivanhu, senior driver, on the new ladder fitting a light.

The hospital is now able to fit a new light without hiring private electricians and save money.



Pharmacy Supplies

In the past medicines were supplied by NatPharm the National Pharmaceutical supply agency. However in recent years it has been unable to keep the hospital pharmacy well stocked and medicines have had to be bought from private wholesalers at higher prices. Despite using user fees and funds generated by the hospital to buy medicines there has been a shortfall. Your donations have helped ensure that there have been fewer occasions when the following medicines have been out of stock: blood pressure medication, diabetes medicines, anti-asthmatics and anti-psychotics.



Provision of a gas cooking facility.



FRIENDS OF MURAMBINDA HOSPITAL FUNDING FEEDBACK FORM.

Application Title: GAS COOKING FACILITY – TRAINING SCHOOL

Name of main Applicant: *Murambinda Mission Hospital*

Date Submitted: 30 March 2017.

Date Approved: 01 April 2017.

Approved by Hospital Executive?

Yes.

INCOME		
DATE	Project Detail	Amount in US\$
	Gas cooking facility	1,340.00
Total Income		
Less EXPENDITURE		
Date	Details of expenditure	local currency US\$
	Gas cylinders	321.00
	Gas stoves	639.00
Balance		380.00



Murambinda School of Midwifery provides midwifery training a program which is meant to improve maternal health care. The School has so far produced over 150 qualified midwives that have helped to reduce the shortages of midwives in the country.

We would like to promote a good learning environment for our students so that they can produce good results. We also would like to encourage students to come for training at Murambinda it helps us in the maternity department.

Murambinda experiences power cuts more frequent in the rain season and winter. The school used to run a diesel powered generator when there was no power as alternative power supply. The fuel costs have become very heavy on the students and the School proposes that we have a gas facility for them and reduce on fuel costs. Advantages of a gas stove include energy efficiency, precise temperature control, immediate heating and cooling, lower operating cost and the ability to work without power.

Thank you very much for the support. We are going to use the balance to procure one more gas stove.

Child & Adolescent Resource Centre (CARC)

This year we provided funding for this organisation that provides psychosocial support to HIV positive children and adolescents from 0 to 21 years. This transforms the lives of many, combating stigma, and providing safe places for children to play, give mutual support, to improve their emotional lives and ultimately to flourish.



An extract from the report by project Coordinator Evelyn Natale (left).

Psycho Social Activities:

. The project was implemented at 6 sites which are:
Murambinda Mission Hospital 364 children and adolescents
Munyanyi Rural Health Center 103 children and adolescents
Betera Rural Health Centre 68 children and adolescents
Garamwera Rural Health Center 79 children and adolescents
Nerutanga Rural Health Center 54 children and adolescents
Bangure Rural Health Center 28 children and adolescents
Primary caregivers of the children and adolescents were part of the primary caregivers
The psychosocial support was provided using The Play Therapy Model

Activities started with singing and dancing and other games to bring the children together. This was followed by grouping the children into their various age groups and providing age appropriate sessions like building LEGO, writing, Auntie Stella, health education and spiritual support. One to one counselling was offered to children and adolescents who had exhibited or expressed emotional problems.

In December the sessions were not done as usual but Christmas parties were held to bring the caregivers and children together and celebrate.

Play therapy:

Play therapy was the model used to deliver psychosocial support.

LEGO was used by both children and adolescents to express their emotions. The children built whatever they wanted and the facilitators allowed each child to talk about what they had built. The children who were identified to have emotional problems were counseled one on one through either Special Playtimes or normal counseling depending on the age.

For the adolescents the small LEGO was used in groups to build and to compete as groups to encourage working together.

Letter writing was also used as a method of psychosocial support. Children and adolescents were asked to write anything that was on their hearts and use pseudo-names. This was done so that those children who were not free to talk about their problems could put their worries on paper Follow up counseling was done to those who had problems

Health education and spiritual support was given using the play therapy model.

Games like football, chess draft and darts were done just before lunch

Lunch was provided to the children before dismissing them

Special PSS activities for adolescents

The Auntie Stella Reproductive Health Package for adolescents was used

Child protection issues were also discussed

Activities for youth:

Two adolescents were training on clothing technology at Buhera Vocational Training Centre. The training will run for 2 years and the first year will be theory and the second year she will go for industrial attachment

CATS activities:

The CATS conducted home visits to monitor adherence and also to offer counselling to their peers. They also referred difficult cases to the appropriate places for example those who had medical problems were referred to the health centers and those who did not have adequate food were referred to the Child Care Workers.

Advocacy activities:

Child Protection issues were discussed throughout the period under review

Networking activities: (including meetings with community leaders/government workers)

CARC attended a taskforce meeting in the Care and Treatment group. The organizations were giving their second quarter progress reports.

The taskforce elected a committee which would be responsible for the meetings.

CARC attended a Gender Council meeting which was coordinated by Musasa

The objective of the meeting was to deliberate on gender issues in the district.

The following were discussed

1. Community leaders asking for payment in cash before they attend to reported cases-The police informed the members those community leaders were not supposed to preside over issues involving domestic violence; these should be handled by police and the courts
2. The courts were taking a long time to deal with criminal cases especially rape cases. It was also reported that people were withdrawing cases and some were not attending court forcing the courts to release the perpetrators
3. Girls who are sexually abused take long to report cases. Reports are supposed to be done within 72 hours so that the victims can receive prophylaxis for HIV, sexually transmitted infection and pregnancy
4. The girls who are given shelter at Musasa project are staying at the shelter for too long before their cases are finalized

The gender council was tasked to look at the issues and give feedback and recommendations in the next meeting

CARC also attended a Voluntary medical male circumcision campaign for district stakeholders

The participants were informed that there would be a VMMC campaign which will run for one month. The aim was to circumcise 800 people during the campaign period. The target population would be boys and men aged 10 to 29 years.

VMMC is being done to reduce HIV transmission rate. The chances of contracting HIV when one is circumcised is reduced by 60%. VMMC is a game of numbers and for every 8 people circumcised 1 person does not contract HIV

CARC attended another meeting organized by PADARE MEN'S FORUM

The forum was sensitizing the district stakeholders and their main thrust was to address gender violence in Zimbabwe

The Padare was going to start a project in Buhera which would run for 3 years up to 2019.

The organization was formed in 1995 after Beijing, 5 men met regularly and engaged each other.

In 2001 the men were recognized and given an award and afterwards registered as an NGO

The organization has 4 pillars

1. Movement building mobilizing men to form a movement that speaks against gender based violence
2. Rehabilitation of convicted men who commit gender based crimes, visiting prisoners and rehabilitating them after release
3. Advocacy and communication especially with parliamentarians
4. Research and documentation

FMH Expenditure 2017 -2018

Salary supplements for vital staff.

The Friends of Murambinda Hospital has always recognized that retention of long serving and devoted staff is of paramount importance for the Hospital but the charity recognizes that this prevents its resources being used to improve drug supplies, support structural improvements and encourage good governance.



INCOME: 6.4.17-5.4.18

Balance brought forward	£	26,761.81
One off donations	£	22,403.00
Standing orders	£	19,214.00
Gift Aid	£	5,620.53
Share dividends	£	1,492.00
Sale of shares	£	20,000.00
Total new income	£	68,729.98

EXPENDITURE

Salaries	£	44,403.00
Pharmacy	£	20,008.00
Bank charges	£	106.00
Workshop	£	846.00
CARC	£	12,076.00
Mr Mudzi's visit	£	143.00
TOTAL	£	77,582.00
Balance at year end	£	17,909.79

Donors

Our thanks goes out to each and every donor, from those who arranged sales, sacrificed presents, gave royalties or raised sponsor money. Every contribution large or small is much appreciated both from those listed below and those not mentioned.

All Saints Church, Gosworth	Peter & Margery Grant	Order of St Lazarus of Jerusalem
Neil & Chris Pressick	Margaret & Peter Hahn	Grand Bailliewick of Scotland
Jack and Hannah Barker	Judith Harvey	Dr Stephen Pope
Helen Belger & Malcolm Todd	Joanna Haward	Julie & Malcolm Potter
Bert Community	Keith & Kathy Howard	Sunanda Ray & Farai
Alison & Bill Brichtieri-Colombi	Marion Howard & Richard	Madzimbamuto
	Germain	Mr & Mrs J B Raper
	Margaret, Dave & Lorna Hudson	Richard & Carolyn Rigby
R Burridge	David Jones	
Nigel & Elaine Carden	Margaret Hart & P Jennow	Karsten & Brenda Saunders
Cheltenham Cleeve Vale Rotary	Mary Kelly	Ann Shearer
Club	Nicholas & Sally Kuenssberg	Dr Peter Sheppard
Alison Dodds	Robert & J Last	John & J Slater
B Fox	Teresa Lawlor	Brian Smith & Nicky Portergill
Prof. Douglas Chamberlain	Patti Lomax	Marie Smith
Jonathan & Judith Clark	Ann Lyall	Kirsten Scott & John Somner
Clare Connolly & Bob Cannell	Debbie & John Matthews	Audrey Steele
	Alexander McCall Smith	David & Penny Stableforth
	Tracey McCully	David Stanley
John & Ann Connolly	Neil McGregor	Liz & Alan Stark
Jim & Mary Connolly	Rita Kennelly	Cynthia Takundwa
	William and Brenda Martin	The Tibden Trust
C & J Cooper	John & Rosemary Millard	Michael & Brenda Thomson
Phil & Ann Cudworth	John & Mary Miller	Micheline Thompson
Richard de Souza & M Dunkley	Dr Peter Millar	Mike Thompson & Kay Shepherd
Martin & Sue Dennis	Marion Mitchell	Alison Totty
Catriona & Sean Doran	Irmgard Monro	Margaret & George Webb
Catherine & Stewart Falconer	The Catholic Parish of Our Lady	Wolsingham Parish Church-
Richard & J Fortin	of Lourdes and St Swithin,	curry night and carol singing
Alan Gardner	Southsea	Madeline Thompson & Peter
Guisborough Carol Singers	William & E O'Neill	Newson
R & J Scott		Yarm School
Harrison Choir and band	Mary Paris	Iain Yuill
Ann Uzochukwu	Nunthorpe PCC	

Particular thanks to:

Cyclists: Andy Black, Joe Langfield, Eamon O'Donovan, Rob Skelly and Richard & Aidan Rigby for their sponsored bike ride.

Wolsingham PCC for their Curry Night	Catriona Doran's 50 th birthday
The Glasgow meets MMH event	City Hospitals, Sunderland
All Saints, Gosworth	Hospitallier Order of St Lazarus
Donations in memory of Ted Thompson	Harrison Band

Carole & John Cooper's 70th Birthday

Carol Singers from Wolsingham and Guiseborough

Donations in memory of Malcolm Todd which paid for the workshop, a project which would have especially appealed to Malcolm.

Trustees

We have five trustees, Dr John Connolly, Mrs. Mary Miller, Dr Carolyn Rigby, Dr Michael Thompson, and Dr Michael Thomson. All the doctors have worked at Murambinda Hospital in the past. Mary Miller visits frequently to support the hospital, provide training in the Child and Adolescent Resource Centre and to supervise projects.

N.B. All money donated went to Murambinda Mission Hospital. The trustees bear all administrative costs themselves and give their time freely. No money is spent on fundraising, advertising or management.



Gift Aid Declaration

Friends of Murambinda Hospital (Reg. Charity 1073978)

I [redacted] title [redacted]

of [redacted] (address)

[redacted] Postcode [redacted]

would like

Friends of Murambinda Mission Hospital to treat all donations I have made since 6 April 2000, and all donations I make from the date of this declaration until I notify you otherwise, as Gift Aid donations. I will notify Friends of Murambinda Hospital if I no longer pay an amount of income tax equal to the tax reclaimed on my donations.

Signature [redacted]

Date [redacted]

Please return this half of completed form to

Dr. C Rigby, Treasurer,
Friends of Murambinda Hospital
East Park Cottage
Hutton Lane
Guisborough
Cleveland TS14 8AA

Please cut-----

BANKERS ORDER FORM

To the manager of my bank Date [redacted] / [redacted] / [redacted]

Name of my bank [redacted] Bank plc.

Address of my bank [redacted]
[redacted] Postcode [redacted]

Please pay Friends of Murambinda account no. 40-52-40 00006100
at Cafcash Ltd, Kings Hill, West Malling, Kent ME19 4TA

the sum of £ [redacted] every [redacted] month/quarter/year* *delete as required

starting on [redacted] / [redacted] until further notice.

Please debit my account no. [redacted]

Name (capitals) [redacted]

Address [redacted]
[redacted] Postcode [redacted]

**Contact details:**

Dr Mike Thompson, Chair
55 Wilbury Avenue,
Hove BN3 6GH
f.m.h@live.co.uk

Dr Carolyn Rigby,
Treasurer,
East Park Cottage,
Hutton Lane,
Guisborough
TS14 8AA

Donate whatever you can:

1. Online at www.fmh.org.uk/donat.htm
2. By sending cheques payable to “Friends of Murambinda Hospital” to the treasurer at the address above
3. By filling in a standing order form above.
4. Text FMHG11£10 to 70070 to donate £10
5. Or if you have a nonUK bank account please contact the treasurer for SWIFT and IBAN details.

Murambinda Mission Hospital is a beacon of good care. It is more reliant than ever on external funding due to conditions within Zimbabwe.

FMH relies entirely on donations to pay for the projects we are asked to fund.

All donations go to help projects at Murambinda; none is spent on administration.

All administrative costs are met by the trustees; we have no paid employees, no advertising or fundraising costs.