

Friends of Murambinda Hospital



UK Registered Charity 1073978

ANNUAL REPORT 2021-22



The main hospital entrance renovation completed making for better security.

All images by Mr C Mudzi unless otherwise stated

Contents

The Hospital and District	2
Message from the Chairman	3
Funding applications supported	4-9
FMH expenditure	10
Fund Raising	11
Donors	12
Trustees	13
Standing Order and Gift Aid Declaration forms	14
FMH Contact Details	15



The Hospital

Murambinda Mission Hospital (MMH) is the Designated District Hospital for Buhera District in Manicaland Province, Zimbabwe. The Hospital was founded in 1968 by the Sisters of the Little Company of Mary (LCM), under the Catholic Church's Archdiocese of Harare. The Hospital carries out its mission to care for the poor by serving a population of around 300,000 people in an area with a

diameter of 200 kilometres.

The hospital is led by Sr Ellen of LCM, the Hospital Executive Manager and Sr Silindiwe is Assistant Matron and currently acting Matron, and Dr Shelton Kwiri as District Medical Officer and Acting Medical Superintendent. They are supported by a Board of Trustees and Hospital Executive Committee.

The aim of improving the health services for all the people of Buhera and to be a "Pool of Healing" continues to be pursued with energy and dedication.

The District

Buhera District consists mainly of 'Communal Land'. This means there is no title ownership of land, (except within designated growth points, Murambinda and Birchenough Bridge). Land use is governed through a system of traditional leaders and elected councillors. Buhera covers an area of 5,364 km². The area suffers from very low rainfall, and a miniscule land area is under irrigation. Irregular rainfall leads to poor harvests and food shortages.



Murambinda Growth Point

Image Helen Belger

Through hard work and experience gained from previous periods of hardship, the population of Buhera has developed a remarkable capacity for survival. Poverty remains a great hindrance to the development of Buhera and its people. MMH, among others, aims to assist the community to overcome these hurdles.

Dear All,

Coronavirus and its associated Public Health measures impacted our ability to meet and fundraise but did not stop us. Likewise, the work of the Hospital at Murambinda was slowed but not stopped, and now activity and needs are accelerating. Serious lockdown measures and widespread use of Sinovac the Chinese vaccine helped contain the severity of the impact of COVID 19 in Zimbabwe. In the last year, the long-cherished dream of refurbishing and extending the Waiting Mother's Shelter has been completed thanks in part to clinicians in Sussex donating wages for COVID vaccination sessions to FMH. This should help improve maternal and child mortality.

Lyke Wake Walk is 42 miles across very rough ground in the North York Moors. To complete this "walk" in daylight requires much of it to be run! It is not for the faint hearted. A team of supporters lead by the Rigby family organised a sponsored walk and successfully completed it in June 2021. This magnificent endurance feat has led to extending solar power to the hospital pharmacy, laboratories, and outpatient departments. This will improve reliability of supply, reduce running costs, pollution, and reliance on diesel generators. Good work in the year of COP26.

Your donation this year has helped to finance the support of staff, medicines for patients and medical equipment. We are especially pleased also to have provided funding for the Child & Adolescent Resource Centre at Murambinda to support their vital work supporting children and young people living with HIV, emotionally, spiritually, and practically.

Please continue to think of fundraising activities; we are happy to advise and support you. All money donated goes to projects at Murambinda, all expenses and administration is paid directly by the Trustees.

Thank you for your generosity, your giving reaps great rewards!

Dr Mike Thompson
Chair of Friends of Murambinda Hospital

Funding applications supported

Extract from a proposal from the hospital pharmacy.

STATEMENT OF THE PROBLEM

Murambinda hospital Pharmacy department is going through a very tough patch in building and maintaining a reliable stock due to limited financial resources. The little the hospital is generating is distributed towards all the user departments like pharmacy, administration and settling utility bills. National pharmaceutical company (Natpharm) provides mainly primary health care commodities for the clinics, thus making a vital foundation for any health facility in the country. However, as a hospital we have little access to these medicines which only constitute 56% if fully accessed and of late we have been witnessing an order fill rate of at most 32% in relationship to our original order to the institution. There is a long list of items that are not supplied through Natpharm or that are not fully supplied by Natpharm. Murambinda hospital has always tried to go an extra mile by sourcing donations from its donor partners to support pharmacy department.

The most affected areas of our therapeutic categories are the chronic medicines. These include anti-hypertensive, anti-diabetics, anti-asthmatics and anti-psychotics and recently anti-biotic (injectable) Whatever we are collecting from the strategic business unit is consumed by those nonpaying patients.

Murambinda Mission hospital is the designated district hospital in Buhera. Buhera is one of the poorest district in the Country. Most of our patients are the elderly and have chronic conditions and they are not able to pay for their medications.

THE PROJECT BUDGET PER MONTH

CATEGORY	COST
Surgical Sundries	US \$ 23,000.00
Medicines(chronic)	US \$ 13,000.00
Total cost US dollars	US \$ 36, 000.00
USER FEES	US\$ 6,000.00
RBF	US\$ 4,000.00
Natpharm -Donations	US\$ 5,000.00
GAP/Month	US\$21,000.00
Request for 3 months	US\$63,000.00



There has been a drop in RBF due to covid 19, a drop in numbers of patients coming to the hospital due to lock down affected our RBF earnings. It has dropped from USD17, 000 down to USD15,535 in second Quarter 2021.

This budget remains useful and effective if our clinicians stick to the hospital formulary and the standard treatment guidelines. We are targeting to achieve a bulky buying for 2 to 3 month supply so that we can as well generate more money as we have put most items on cash basis, and we will be able to maintain at least a monthly supply.



Child and Adolescent Resource Centre (CARC)

PVO 58/2018

PO Box 20, Murambinda, Tel: 021-2274
Email: murambinda@bsatt.com

The Child and Adolescent Resource Centre (CARC) promotes the protection and psychosocial well-being of HIV positive children, adolescents and their caregivers. The Friends of Murambinda helped to set up of this service in 2008 in response to the devastating impact of HIV infection. With many parents succumbing to the disease children were left as orphans with complex physical, emotional and educational needs.



Under the devoted efforts of Mrs Evelyn Natale, the current Coordinator, the Centre has blossomed and has expanded its services throughout rural district, training and supporting volunteers to support an increasing number of children and adolescents affected by the HIV epidemic. CARC also trains a cadre of adolescents to support their peers with treatment and social and economic issues.

CARC does not receive government funding but works with the Ministry of Health and Social Welfare, schools and village structures to protect children. It secured funding from UK AID (formerly DfID) to implement a successful microcredit programme that has improved the economic situation of a number of caregivers, but is sadly now discontinued due to cuts in UK AID. CARC has been funded over the years by intermittent and time limited resources from generous donors to Danish Seniors without Borders, SVMH and the Friends of Murambinda Hospital.



Volunteer training

Solar Panel Installation.



The abundance of sunshine in Zimbabwe combined with an intermittent grid supply of electricity makes the installation of solar power a sustainable way forward. The Friends have been pleased to support proposals from the hospital to enhance their use of solar power.

Successful trials of solar lights have been expanded to providing power to many hospital departments the financing of which has been achieved through the efforts and generosity of supporters of the Friends of Murambinda Hospital.



Off loading panels.



Installation on the pharmacy...



...and the out-patient department.

Waiting Mothers' shelter.

The hospital has a large geographical catchment not well served by public transport. This makes it difficult for pregnant mothers who are in labour to get to hospital. Murambinda Hospital has always had a building, *matumba*, where near term mothers could lodge whilst awaiting the onset of labour. A separate building for cooking was also provided. Inevitably these buildings have become dilapidated and a scheme for providing a new facility was proposed by the hospital which FMH, with a help of a donor from the Netherlands and the Order of St Lazarus have been pleased to fund.



Cooking shelter under construction.



The mothers' shelter under construction.



The new cooking shelter in use.



The completed mothers' shelter.

Anaesthetic machine.

A hospital in a remote rural area with a maternity department must have the ability to perform emergency deliveries. Caesarian section requires the patient to be anaesthetized. Whilst the hospital has staff to anaesthetize the patient and carry out the surgery none of this is possible without reliable apparatus with which to work. The hospital identified a more modern, suitable anaesthetic machine the provision of which will avoid the dangers of transferring patients in labour to Mutare.

The Friends' with the help of a donor in the Netherlands, were happy to fund this purchase.

FMH Expenditure 2021 -2022



The Friends of Murambinda Hospital has always recognized that retention of long serving and devoted staff is of paramount importance for the Hospital.

A scheme to provide basic foodstuffs for staff has been implemented.

The charity recognizes that this limits the use of its resources for improving drug supplies, supporting structural improvements and encouraging good governance.

Income 6.4.21 – 5.4.22

£

Balance brought forward	48,736.73
One off donations	62,745.62
SVMH	37,125.38
Standing orders	23,323.00
Gift Aid	11,982.00
Share dividend	634.00
Total new income	135,810.00

Expenditure

Salaries and staff incentives	26,488.00
Locum costs	2,890.00
Drs Incentive payments	13,874.00
Groceries for staff	13,152.00
Pharmacy	10,000.00
Nursing demonstration room (SVMH)	15,404.00
Solar power	23,802.00
Sister Mudzingwa (paid by the trustees)	1,200.00
Waiting Mothers' Shelter	10,316.00
Anaesthetic machine	24,627.00
Bank charges	251.00
Total expenditure	142,004.00
Balance	42,542.73

Special thanks to the following for their contribution to our work.

Lyke Wake Walk
 Portslade Health Centre Covid Immunisations
 Kuenssberg Charitable Foundation
 In memory of Jim Robertson
 In memory of Raymond Potter
 John & Lesley Mackay's wedding
 Cheltenham Cleeve Vale Rotary Club
 Micheline Thompson's 99th
 Stewart Falconer in memory of Kate
 Order of St Lazarus of Jerusalem Grand Bailliewick of Scotland

Fund Raising

The Friends continue to be very grateful for the lengths to which fund raisers go to help us support the hospital in difficult times.

The Lyke Wake Walk. A number of intrepid runners tackled this challenging 42 mile run across the moors in July 2021 and raised over £20,000 through sponsorship.



THREE COURSE THEATRE
in association with Middlesbrough Little Theatre
are proud to present

TWO WAYS TO WOO
A pair of very different one act plays on the theme of love
Directed by Bill Colombi

The Flawed Flautist
by Alistair Briche
with apologies to W.A. Mozart

The Singular Act of Cyrano de Bergerac
by Alistair Briche
A concertinaed version of Edmond Rostand's original

Wednesday 26th October ~ Billingham Theatre Upstairs
Thursday 27th October ~ MLT Studio Theatre, Toft House
Friday 28th October ~ St Mary's Church Hall, Nunthorpe
Saturday 29th October ~ Saltburn Community Theatre

All tickets £8 available from the venues, on-line via the Three Course Theatre website or at the door

thrc.org.uk threecoursetheatre.org mltmiddlesbrough.org.uk

Amateur dramatics.

Long term supporter Bill Brichieri-Colombi produces plays the proceeds of which are donated to the hospital.

London Marathon.

Nicky Porter Gill ran the London Marathon sponsoring Murambinda Hospital and raised £700.00 (including Gift Aid)



Image courtesy of Brian Smith and Nicky Porter Gill

Donors

As always we are deeply indebted to each and every donor for their efforts and generosity. Every contribution large or small is much appreciated both from those listed below and those not mentioned.

All Saints Church Gosford	Clare and Neil Hunter	Brian Smith and Nicky Portergill
	David Jones	Marie Smith
Helen Belger	Elizabeth Jones	David and Penny Stableforth
BERT Community	Mary Kelly	David Stanley
	Mary Kerr	Liz and Alan Stark
Alison and Bill Brichieri-Colombi	Michael Kirby	F Steele
R Burridge	Nicholas and Sally Kuenssberg	
Nigel and Elaine Carden	Robert and J Last	
Mary and Jim Connelly	Teresa Lawlor	Cynthia Takundwa
Cheltenham Cleeve Vale Rotary Club	John and Lesley Mackay D Maclean	Michael and Brenda Thomson
Professor Douglas Chamberlain	Debbie and John Matthews	Gordon and Fiona Thomson
CHOICE Ltd (affiliated to City Hospitals Sunderland NHS FT)	The Hospitaller Order of St Lazarus of Jerusalem	Micheline Thompson
Louise Coidan	Alexander McCall Smith	Mike Thompson and Kay Shepherd
	Neil MacGregor	Naomi Todd
Jonathan Clark	Dr John Millard Dr Richard Millard	Nienke van Trommel
	A&M Miller Charitable Trust	Alison Totty
Clare Connolly & Bob Cannell	John and Mary Miller	Suzanne Wanazala-Ryan
John and Ann Connolly	Gerry and S Milne	Revs. Iain and Isobel Whyte (formerly Tibden Trust)
L & E Crawford	Marion Mitchell	
Jim and Mary Connolly	Boris de Man	Wolsingham Parish Church
Carol & John Cooper	William and E O'Neill	
Ann Cudworth	W J Nutt	
Aidan Cullinan	Orchard Hill Parish Church	
Alison Davies	Mary Paris	
Richard de Souza & M Dunkley	Dr Stephen Pope	
Martin and Sue Dennis	Portslade Health Charity	
Catriona and Sean Doran	Julie and Malcolm Potter	
Stewart Falconer	Ruby Potter	
Richard and Jane Fortin		
Peter and Margery Grant	Clare Quigley	
Margaret Hahn	Alice Rigby	
Margaret Hart & Peter Jennow	Jonathan Rigby	
Judith Harvey	Richard and Carolyn Rigby	
	Karsten and Brenda Saunders	
Joanna Haward	Second Wind Band	
Hilary Hide		
Keith Howard	R & J Scott	
Marion Howard & Richard Germain	Dr Peter Sheppard	
Nicholas Glover	Ineke Sipkema	
David and Margaret Howard		
Margaret and Lorna Hudson	John and J Slater	

Trustees

There are six trustees. Dr John Connolly, Mrs. Mary Miller, Dr Carolyn Rigby, Dr Michael Thompson, and Dr Michael Thomson and Nienke van Trommel of SVMH as a trustee based in the Netherlands. All of them have worked at or been involved in other ways at Murambinda Hospital in the past.

N.B. All money donated went to Murambinda Mission Hospital. The trustees bear all administrative costs themselves and give their time freely. No money is spent on fundraising, advertising or management.



FMH meeting 14th May 2022

Gift Aid Declaration

Friends of Murambinda Hospital (Reg. Charity 1073978)

I [redacted] title [redacted]

of [redacted] (address)

[redacted] Postcode [redacted]

would like

Friends of Murambinda Mission Hospital to treat all donations I have made since 6 April 2000, and all donations

I make from the date of this declaration until I notify you otherwise, as Gift Aid donations. I will notify Friends of Murambinda Hospital if I no longer pay an amount of income tax equal to the tax reclaimed on my donations.

Signature [redacted]

Date [redacted]

Please return this half of completed form to

Dr. C Rigby, Treasurer,
Friends of Murambinda Hospital
East Park Cottage
Hutton Lane
Guisborough
Cleveland TS14 8AA

Please cut-----

BANKERS ORDER FORM

To the manager of my bank Date [redacted] / [redacted] / [redacted]

Name of my bank [redacted] Bank plc.

Address of my bank [redacted]
[redacted] Postcode [redacted]

Please pay Friends of Murambinda account no. 40-52-40 00006100
at Cafcash Ltd, Kings Hill, West Malling, Kent ME19 4TA

the sum of £ [redacted] every [redacted] month/quarter/year* *delete as required

starting on [redacted] / [redacted] / [redacted] until further notice.

Please debit my account no. [redacted]

Name (capitals) [redacted]

Address [redacted]
[redacted] Postcode [redacted]

**Contact details:**

Dr Mike Thompson, Chair
55 Wilbury Avenue,
Hove BN3 6GH
f.m.h@live.co.uk

Dr Carolyn Rigby,
Treasurer,
East Park Cottage,
Hutton Lane,
Guisborough
TS14 8AA

Donate whatever you can:

1. Online at www.fmh.org.uk
2. By sending cheques payable to “Friends of Murambinda Hospital” to the treasurer at the address above
3. By filling in a standing order form above.
4. Or if you have a nonUK bank account please contact the treasurer for SWIFT and IBAN details.

Murambinda Mission Hospital is a beacon of good care. It is more reliant than ever on external funding due to conditions within Zimbabwe.

FMH relies entirely on donations to pay for the projects we are asked to fund.

All donations go to help projects at Murambinda; none is spent on administration.

All administrative costs are met by the trustees; we have no paid employees, no advertising or fundraising costs.